



Athletics New Zealand
10,000m Championships
RESULTS

> The Domain, Tauranga >> 5 January 2010

Men 19

1	Aaron Pulford	Hamilton City Hawks Athletics Inc	30:02.1
2	Jonathan Jackson	Auckland City Athletics Club	30:53.3
3	Alex Palane	Pakuranga Athletic Club Inc	31:54.8
4	Ben Barry	Wellington Scottish Athletics Club	33:15.0
5	Cory Whiting	Hamilton City Hawks Athletics Inc	33:58.7
6	Michael Sutton	Athletics Tauranga	34:24.2

Senior Men

1	Rees Buck	Wellington Scottish Athletics Club	30:01.9	
2	Kim Hogarth	Athletics Nelson	30:21.8	
3	Stephen Lett	Takapuna Athletic & HC	30:57.1	
4	Stefan Smith	Wellington Scottish Athletics Club	31:10.4	
5	Ben Ruthe	Athletics Tauranga	31:18.8	
	Dylan Grant	North Shore Athletics Club, Canada	31:27.9	<i>Visitor</i>
6	Wayne Guest	Matamata Harrier Club	32:59.9	
7	Stephen Day	Wellington Scottish Athletics Club	33:31.2	
8	Jason Steyn-Ross	Lake City Athletics Club	35:07.5	
9	Mark Gray	Onehunga AA & HC	48:26.4	

Senior Women

	Andrea Woodvine	Aldershot Farnham & Districts Athletic Club, UK	33:29.9	<i>Visitor</i>
1	Rachel Kingsford	Athletics Otago	35:11.4	
2	Michelle Hopkins	Pakuranga Athletic Club Inc	36:13.7	
3	Tina Harris	Wellington Scottish Athletics Club	37:02.3	
4	Tara La Grange	North Harbour Bays Athletics	37:48.5	
5	Gabrielle O'Rourke	Wellington Harrier Athletic Club	37:51.9	
6	Bernie Portenski	Wellington Scottish Athletics Club	39:47.4	
7	Nicola McKay	Athletics Tauranga	40:10.0	
	Erin Whitla	Wellington Harrier Athletic Club	DNF	

