



Athletics New Zealand
Men 19 & Women 19 3,000m
Championships

RESULTS

MCAT, Palmerston North >> 25 January, 2011

Women 19

1	Nielsen, Mikayla	Hamilton City Hawks	9:54.24
2	McFadzien, Nikki	Canterbury	10:02.33
3	MacDermid, Kara	Palmerston North	10:07.19
4	Mellsop, Caroline	Wellington Scottish	10:17.23
5	Gibson, Margot	Canterbury	10:25.39
6	Roughan, Emily	Egmont Athletics	10:31.28
7	Taylor, Christina	St Pauls	10:35.53
8	Vance, Katherine	Wellington Harrier Athletic	10:44.62
9	Bunckenburg, Kathryn	Olympic Harrier Club	10:58.42
10	Bunckenburg, Elizabeth	Olympic Harrier Club	11:01.79
11	Beaton, Chelsea	Athletics Nelson	11:11.58

Men 19

1	Jackson, Jonathan	Auckland City Athletics	8:29.49
2	Baxter, Matt	Egmont Athletics	8:41.18
3	Berry, Nicholas	North Harbour Bays	8:43.75
4	Lautenslager, Craig	Athletics Nelson	8:49.20
5	Stewart, Tim	Kapiti Harriers	8:49.83
6	McAlister, Ryan	Wellington Harrier Athletic	9:01.89
7	McCrudden, Sean	Olympic Harrier Club	9:04.76
8	Sutton, Michael	Athletics Tauranga	9:14.05