



Athletics New Zealand
Men and Women 3,000m Track
Championships
RESULTS

> Wellington >> 28 January 2011

Athletics New Zealand Senior Women 3000m Championships

1	Nikki Hamblin	North Harbour Bays	9:32.44
2	Lydia O'Donnell	North Harbour Bays	9:35.87
3	Fiona Crombie	Canterbury	9:41.56
4	Sarah Drought	Wellington Harrier Athletic	9:43.01
5	Rachel Kingsford	Hill City	9:48.33
6	Rachael Kingstone	Auckland City Athletics	9:54.24
7	Danielle Trevis	North Harbour Bays	10:00.35
8	Tina Harris	Wellington Scottish	10:08.58
9	Bernie Portenski	Wellington Scottish	11:08.99

Athletics New Zealand Senior Men 3000m Championships

1	Hamish Carson	Wellington Scottish	8:06.70
2	Hayden McLaren	Canterbury	8:09.86
3	Malcolm Hicks	Canterbury	8:16.65
4	Jonathan Jackson	Auckland City Athletics	8:29.86
5	Mitsunari Otsuka	International, Japan	8:31.84
6	Brett Tingay	Canterbury	8:36.17
7	Jesse Patel	Wellington Scottish	8:38.35
8	Paul Hamblyn	North Harbour Bays	8:39.99
9	Evan Cooper	Wellington Harrier Athletic	8:40.27
10	Cary Chaffee	International, USA	8:55.03
11	David Ridley	Canterbury	8:57.37
12	Ryan Smith	North Harbour Bays	9:02.27
13	Wayne Guest	Matamata Harriers	9:03.84
14	Hassan Roble	Wellington Harrier Athletic	9:04.08
15	Grant McLean	Wellington Scottish	9:14.49
16	Tony Price	Athletics Masterton	10:19.15

