



**2018 NZ Cross Country Championships
Sunday 5 August
Grenada North Park, Wellington**

10.20am	Boys Under 15 Girls Under 15	3km
10.40am	Women Under 18	4km
11.05am	Men Under 18 Women Under 20	6km
11.40am	Men Under 20 Masters Men 35-64	8km
12.30pm	Community fun run	4km
1.00pm	Boys Under 11 Girls Under 11	2km
1.20pm	Senior Women Senior Men	10km
2.15pm	Boys Under 13 Girls Under 13	2km
2.30pm	Masters Women Masters Men 65+	6km

All races use a 2km loop (except U15 race, which starts with a 1km loop)