



## 4 x 100m Relays Guidelines to Umpires

Track Marking – Yellow hooks – 30m apart – no acceleration zone – all athletes must start inside the zone

### Process

- Athletes will be brought out to the changeover zone from the Call Room. Make sure you accept responsibility for the athletes
- Ensure that athletes are correctly placed in their lanes and are aware of the changeover zone
- Supply each athlete with a piece of tape if required – only one piece of tape is allowed and that piece of tape is placed in the lane, not on the inside white line
- Once all athletes are on the track confirm via radio to the chief umpire you are ready – The Chief Umpire will advise the Track Referee
- Key to officiating on relays
  - Make sure that athletes start their run inside the zone
  - Watch that the baton is changed within the zone as it is the position of the baton that determines the changeover
  - Athletes are not to wear gloves or use a substance on their hands
  - If the baton is dropped –
    - Watch if it is picked up by the athlete that dropped it
    - Watch that no other athlete is impeded
    - Watch that a dropped baton is returned to the place the baton was dropped so there is no shortening of the distance
- If there is no issue – the zone chief will radio the chief umpire – All clear at changeover 1 etc.
- If there is an issue – the zone chief will radio the chief umpire – we have a report at changeover 1 etc. Get your officials who observed the infringement to fill in an umpires report with all the details of the infringement. They need to circle the rule number, get them to mark on the form where they were standing and where the infringement happened. This form needs to have as much detail as possible. Give this form to the Track Referee.
- The Track Referee will make the decision regarding the report
- Once all teams have completed their change send all athletes around the outside of the track together to post event control
- Remove any tape from the track after each race
- Get the next race on the track as soon as possible.

### Officials Instruction to athlete's at Relay Changeover's

“Do you all understand the markings on the track?

The change zone is yellow tick to yellow tick.

You must start running from a stationery position within the change zone.

You may place 1 marker on the track completely within your lane”