



**NEW ZEALAND
Road Relay
Championships
Takahe to Akaroa Relay, Christchurch
Saturday 10th October 2009**

Race Information

Conducted under Athletics New Zealand Rules

**By Athletics Canterbury Inc
Cross-Country and Road Committee**





Athletics New Zealand Road Relay Championships

Information

Takahe to Akaroa Relay, **Christchurch** 10 October 2009

Laps, Distance, Start Times and Entry Fees

Grade	Laps	Distance (km)	Start Time	Entry Fee
Senior Men A	8	76.6km	10.15am	\$200.00
Senior Men B	8	76.6km	10.15am	\$200.00
Senior Men C	8	76.6km	8.30am	\$200.00
Senior Men C	8	76.6km	9.45am	\$200.00
Masters Men 40-49 A	8	76.6km	9.15am	\$200.00
Masters Men 40-49 B	8	76.6km	8.30am	\$200.00
Open Masters 50+ A	8	76.6km	9.15am	\$200.00
Open Masters 50+ B	8	76.6km	8.30am	\$200.00
Composite & Local D Grade (Non Champs)	8	76.6km	8.30am	\$200.00
Senior Women A	8	76.6km	9.15am	\$200.00
Senior Women B	8	76.6km	8.30am	\$200.00
Masters Women 35+	8	76.6km	8.30am	\$200.00
Junior Men – M19	6	40.7km	9.35am	\$100.00
Junior Women – W19	6	40.7km	9.35am	\$100.00

*Rules for sanctioned events apply for all local Canterbury grades.

All Teams will be graded based on their submitted estimated 10km time – hence the different start times

COURSE:

The race starts at the Sign of the Takahe and follows the traditional route through Governors Bay, Gebbies Valley, Little River and Duvauchelle to Akaroa. The Junior Relay will start at Allandale (start of lap 2 Senior Race) and finish at Cooptown (End of lap 5 Senior Race)

Teams:

This year the event is open to all Athletics New Zealand affiliated clubs. Senior and Masters Teams are to consist of 8 runners. Junior teams are to consist of 6 runners. The race is sanctioned for the entry of non registered runners participating in Non Championship Grades.

All runners in Championship events must be registered with Athletics New Zealand for 2009/2010 period.

Starting Times: 8:30am, 9:15am, 9:45am and 10:15am

Entry Procedure:

There are no limits on the number of teams that a Club may enter. Entries are to be on the entry form provided showing the name, grade and actual 10km time for each runner. Athletes must compete for the club that they are registered with as at 1 August 2009. This date is for existing club members, transfers and foreign athletes only. A person joining the sport can do so at any time up until the day before the race. (see By-Law C10.5).

Estimated times are not required for the Junior Race.

Entries Close:

on Monday 21st September 2009 at 7.00pm. **No late entries accepted**

Entry Form:

This is available on the Race Web Page. Open the Excel file, fill in the relevant cells and after saving the file to your hard drive please email to the address below. Make sure there is an underscore between craig and shona.

Entries should be emailed using the email form (see above) to:

craig_shona@xtra.co.nz , but emailed entries must be followed up by a hard copy of “Club Summary Sheet” and payment, posted to (or Direct Credit, See below):
Road Relay Championships
Athletics Canterbury Inc
PO Box 3130
Christchurch 8140

Entry fees must accompany “Club Summary Sheet”:

Please send cheque (or Direct Credit, See below), payable to Athletics Canterbury Cross Country and Road Committee (address above). All entry fees are non-transferable and non refundable.

Entry Fees can be paid by Direct Credit (Still send “Club Summary Sheet”) to: 03-1592-0086884-00

Sanctioned Event Entry Fees (for Non Championship grades):

Unregistered athletes competing in the local Canterbury grades are required to pay an additional entry fee of \$10 per athlete on top of the team entry fee.

Enquiries to:

Athletics Canterbury Cross-Country and Road Committee
Phone: Daniel Reese HM: (03) 332 7897 MOB: (027) 294 2187
Email: daniel.reese@paradise.net.nz

Race Packs:

These will be available at the Team Managers Meeting.

Team Manager’s Meeting:

A Managers meeting will be held in the Shelley Common Room, University of Canterbury Students Association Building, Ilam Road, at 6.00pm on Friday, 9th October, 2009. Race Numbers, programmes, afternoon tea tickets and official passes along with general information will be available.

Awards Ceremony:

Medals for the New Zealand Road Championships and the Takahe to Akaroa Relay (Local) will be presented at the finish, Akaroa Recreation Ground at approximately 4pm.

Race Rules:

More detailed Race Rules (as listed in Athletics New Zealand Competitions By-Laws and Supplementary Rules) will be printed in the race Programme and should be carefully read by all participants and Team Managers. By-Laws are also available via the Website <http://www.athletics.org.nz/Article.aspx?ID=2627>

Control of the Meeting:

The Meeting is controlled by the Athletics New Zealand Official representative (Technical Delegate)

Eligibility:

All Senior Men and Senior Women must be seventeen (17) years or over as at 31 December 2009.

All competitors in the Junior Men’s and Junior Women’s races shall be 19 year or under and over 14 years on 31 December 2009.

Masters Men shall, on the day of the event, be not less than forty (40) years of age; Masters Women shall, on the day of the event, be not less than thirty-five (35) years of age, and open Masters (over 50) shall, on the day of the event, be not less than fifty (50) years of age. Open Master’s grade can be mixed men’s and women’s teams.

All competitors must compete for the club that they are registered with as at 1st August 2009. The exceptions are, composite teams, this is for teams whose members do not meet the requirements of Athletics NZ By-Law C10.1.5. Such teams may consist of members of more than one club.

- One athlete - one team. No athlete may compete for more than one team.
- One athlete - one lap. No athlete may compete in more than one lap, except in the case of a replacement according to the rules of the race as set out in the Programme.

Running Order:

Team Managers may replace athletes or re-arrange the running order of their athletes. Notification must be in writing and submitted at the Team Managers Meeting on Friday 9th October 2009.

Team changes may also be submitted up to 30 minutes prior to the advertised race start time on Saturday 10th October 2009; however we do ask that Team Managers submit the bulk of changes on Friday evening.