

## 2020 Athletics New Zealand Cross Country Challenge Information for Attendees at Alert Level 2

In order to ensure the 2020 Athletics New Zealand (NZ) Cross Country Challenge can be delivered safely in level 2. The following information is to be read and followed by all people attending the event. If you have any questions regarding the following information please email [competitions@athletics.org.nz](mailto:competitions@athletics.org.nz).

### General

- Please stay home and avoid attending the Athletics NZ Cross Country Challenge if you are:
  - Unwell
  - A confirmed or probable case of COVID-19
  - Waiting for a COVID-19 test result
  - Self-isolating
- On arrival at the venue please arrive at the main entrance and follow the in and out corridors. These will be sign posted

### Clubs

- The entry deadline has been extended and entries now close at 11:59pm on Wednesday 26<sup>th</sup> August. No late entries will be accepted
- All athletes are to collect their bib and timing chip in the warmup area prior to their race
- Club tents will not be permitted. Instead there will be large shared tents that athletes can use pre and post event. Athletes will only be allowed in these tents with the group of people in their race.
- There is a pavilion on site that Team Managers can use for shelter while practising 2m social distancing at all times

### Athletes (refer to map)

- Arrive at the main venue entrance only and follow the signage from the carpark to the start area
- Contact tracing details for all entrants have automatically been recorded using your registration and Athletics New Zealand membership data
- Maintain 2m social distancing when not racing
- Bring minimal gear only, but please ensure you have all weather appropriate gear. Leave any non-essential valuable items at home
- Any gear that is brought to the venue will need to be put in the named and numbered bag provided and left at the start line. Bags will then be moved to the finish zone for collection by athletes



- Warmups must take place only in the warmup area (see map)
- Move to the start zone when instructed, arriving no earlier than 10 minutes before, and no later than 5 minutes before the start of your race
- While racing please avoid spitting or discharging mucus from your nose in view of others or close to other competitors. Anyone deemed to be spitting in an offensive manner could be disqualified
- Athletes are not allowed to wear headphones while in the start area or while competing, these may however be worn while warming up
- When you have finished your race, place your chip in the bucket after the finish chute
- There will be no water provided at the finish line. Athletes are asked to bring their own hydration
- Collect your gear straight after your race from the finish zone and leave the venue via the main entrance following all signage
- A link to results will be placed on the Athletics NZ website. There will be no results on display at the venue
- Medal winners will be asked to stay back (ensuring 2m physical distance is observed). Medals will be available for collection on the presentation table by the athletes themselves, these will not be presented
- Once outside the course, you are considered to have left the event
- Warm down must take place outside the course
- All athletes are to adhere to the timings in the table below and arrive at the venue at their designated time. All athletes will be escorted through the venue in their groups according to the timings below

Age Group	Distance	Assemble/Warm Up	Start Area	Start Time	Course	Finish	Ceremonial	Leave
Girls U14	3km	9:00	9:30	10:00	10:00-10:20	10:10-10:20	10:20-10:40	10:40
Boys U14	3km	9:00	9:30	10:00	10:00-10:20	10:10-10:20	10:20-10:40	10:40
Masters Men 65+	6km	9:30	10:15	10:30	10:30-11:30	10:55-11:35	11:35-12:10	12:10
Women U20	6km	9:30	10:15	10:30	10:30-11:30	10:55-11:35	11:35-12:10	12:10
Masters Women	6km	9:30	10:15	10:30	10:30-11:30	10:55-11:35	11:35-12:10	12:10
Men U18	6km	10:30	11:15	11:30	11:30-12:00	11:50-12:00	12:00-12:20	12:20
Women U18	5km	10:30	11:15	11:30	11:30-12:00	11:50-12:00	12:00-12:20	12:20
Men U20	8km	11:15	11:45	12:00	12:00-1:00	12:30-1:00	1:00-1:45	1:45
Masters Men 35-49	8km	11:15	11:45	12:00	12:00-1:00	12:30-1:00	1:00-1:45	1:45
Masters Men 50-64	8km	11:15	11:45	12:00	12:00-1:00	12:30-1:00	1:00-1:45	1:45
Girls U16	4km	12:15	12:30	1:10	1:10-1:35	1:25-1:45	1:45-1:55	1:55
Boys U16	4km	12:15	12:30	1:10	1:10-1:35	1:25-1:45	1:45-1:55	1:55
Senior Men	10km	12:30	1:55	2:05	2:05-2:55	2:35-2:55	2:55-3:20	3:20
Senior Women	10km	12:30	1:55	2:05	2:05-2:55	2:35-2:55	2:55-3:20	3:20





### **Officials**

- All officials will be provided with a facemask and gloves
- Chip and Camera Timing only will be used, registration numbers worn, no recorders at end of shute
- Please stay in your Zone and practice 2m social distancing
- Contact tracing details for all officials have automatically been recorded

### **Spectators**

- To ensure this event remains with the Level 2 guidelines we need to keep spectator numbers low. Spectators are encouraged to attend only if supporting a young athlete
- Stay within the designated Spectator Zones or outside the course.
- Sign in manually at the front gate following the directional signage or use your app at the venue entrance Sign in Table.
- Practice 2m social distancing at all times



## Venue Maps

