

# Event Group Plan Summaries

## 2020 - 2021

### Purpose

Annually, Event Group Plans (EGP) are developed to support the ongoing development of athletes and coaches within Athletics. Additionally, the Event Group plans support the Athletics NZ High Performance Programme by aligning to the strategic priorities identified within the 2021-2024 ANZ-HP Strategic Approach.

1. Evolve Targeted Event Group Strategy
2. Drive HP Coach Identification & Performance Development
3. Refine our Athlete Development Approach
4. Leverage our Intellectual Property

### Para Athletics Integration

Athletics NZ leads NZ sport with a fully integrated Para athletics programme. Para athletics is integrated into all that we do and across all operational areas.

### COVID -19

2020 has seen the global impacts of COVID-19 and this impact is expected to continue into 2021 and beyond. The following Event Group Plans has been developed based on best case scenario's, such as the ability for domestic travel and no restrictions around group gatherings.

Based on current alert levels relating to COVID-19 Event Group initiatives will only be able to continue at level 1 or 2 (Level 2 only with less than 100 participants)

It is highly recommended that when/if booking travel that consideration is taken to allow for changes/flexibility if required.

## Event Group Plan Initiative Dates

September 2020	October 2020	November 2020	December 2020
<ul style="list-style-type: none"> <li>• <a href="#">Pole Vault</a> Camp – 12-19 September, Hastings</li> <li>• <a href="#">Walks</a> Emerging talent Camp (TBC)</li> </ul>	<ul style="list-style-type: none"> <li>• Emerging talent <a href="#">Distance</a> camp – 7-9 Hanmer</li> <li>• Female <a href="#">Distance</a> only Camp - Christchurch</li> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>• Clinic for <a href="#">Jumps I</a> - 27-29, Christchurch</li> <li>• <a href="#">Distance</a> training camp – 8-20 November, Hastings</li> </ul>	<ul style="list-style-type: none"> <li>• Clinic for <a href="#">Jumps II</a> – Christchurch</li> <li>• <a href="#">Sprints/Relays &amp; Hurdles</a> – 13-15 December, Tauranga</li> <li>• <a href="#">Walks</a> training camp – 17-24 December, Nelson</li> </ul>
January 2021	February 2021	March 2021	April 2021
<ul style="list-style-type: none"> <li>• <a href="#">Throws</a> Camp – 4-8, Christchurch</li> <li>• Solapower Throws Competition</li> <li>• <a href="#">Distance</a> Camps - Hastings/Wanganui</li> </ul>	<ul style="list-style-type: none"> <li>• Clinic for <a href="#">Jumps III</a> – Porritt Classic, Hamilton</li> <li>• Clinic for <a href="#">Jumps IV</a> – Capital Classic, Wellington</li> <li>• <a href="#">Hurdle Festival</a> - Porritt Classic, Hamilton</li> </ul>		

## THROWS

### Our Vision:

To be recognised in 2024 (and beyond) as one of the leading Throws nations in the world.

### How:

Medal campaigns resulting in podium results.

Build the world's best throws performance environments to ensure we deliver repeatable and sustainable success through:

- Coaching
- Facilities
- Innovation/ analysis
- Athlete wellbeing

### 2020/2021 Event Group Plan Initiatives

1. Continuing the success of previous editions, the Throws Event Group will run another Throws Camp in January 2021. This will be held in Christchurch, utilising Nga Puna Wai and Apollo Projects Centre facilities. The purpose of this initiative is to provide a shared-training environment for Throws athletes and coaches from around New Zealand.  
The dates currently set for this initiative are 4-8 January 2021
2. Assisting with travel and collaboration for coaches and athletes to work with others around New Zealand. *E.g. Potential funding contribution for an identified young thrower to receive coaching support.*
3. Supporting community events to build the spirit of the event group. *E.g. Solapower Throws Competition*

4. Javelin Hui Initiative – the gathering of high-level athletes and coaches to look at development strategies and initiatives to grow the event participants and performances. Dates to be confirmed.

For further information regarding the January Throw Camp, please contact the event organiser Kim Mickle [kimmickle@hotmail.com](mailto:kimmickle@hotmail.com)

For additional enquiries contact the Event Group Lead – Dale Stevenson [dale@athletics.org.nz](mailto:dale@athletics.org.nz)

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## JUMPS – Long/Triple/High

### **Our Vision:**

The continued growth of the ‘Jumps’ community will underscore the development of High Jump, Long Jump and Triple Jump.

### **How:**

By lifting the standards of athletic performance across all events by utilising Competition Camps and a series of progressive clinics to enhance performance and training environments.

### **2020/2021 Event Group Plan Initiatives**

1. Clinics for Jumps Events I
  - Nov 27/28/29, 2020
  - Apollo Centre (HPSNZ)/Chch. BHS, NPW, Christchurch
  - 2 ½ -days – Friday pm - Sunday
  - Mixture of Competition/Practical sessions/Discussion forums
2. Clinics for Jumps Events II:
  - Nov 29 – Dec 6, 2020
  - Christchurch
  - Either 2 x ½ + 2 x Full days (TBC)
  - Mixture of Competition/Practical sessions/Discussion forums
3. Clinics for Jumps Events III:
  - Feb 13, 2021 – Porritt Classic
  - Feb 14, Long Jump Clinic (morning session)
  - Hamilton
  - 2 x ½ days
  - Mixture of Competition/Practical sessions/Discussion forums
4. Clinics for Jumps Events IV:
  - Feb 20, 2021 – Capital Classic
  - Feb 21, High Jump Clinic (morning session)
  - Wellington
  - 2 x ½ days
  - Mixture of Competition/Practical sessions/Discussion forums

For additional enquiries contact the Event Group Lead – Terry Lomax [Terry@athletics.org.nz](mailto:Terry@athletics.org.nz)

## JUMPS – Pole Vault

### **Our Vision:**

To consolidate on developing a world-leading domestic programme capable of repeatable medal winning performances 2024 and beyond.

### **How:**

Medal campaigns resulting in podium results.

Build on and develop performance environments to ensure we deliver repeatable and sustainable success through:

- Coaching – retention and development
- Facilities
- Innovation/ analysis
- Athlete wellbeing

### **2020/2021 Event Group Plan Initiatives**

1. The Pole Vault Event Group will run a camp to coincide with the Spring Series September competition in Hawkes Bay. The purpose of this initiative is to provide a shared-training environment for high level Pole Vault athletes and coaches from around New Zealand.

Competition dates TBC but at this stage scheduled for 13/20 September

With additional events being held over the competition series the expectation is to provide some coaching sessions and support to combined events athletes and a user pays option for coach/athletes.

2. Potts Classic - a dedicated time frame for elite level Pole Vault athletes to come together around the Potts Classic 2021

For further information contact Jeremy McColl – Event group Lead [Jeremy@athletics.org.nz](mailto:Jeremy@athletics.org.nz)

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## SPRINTS/HURDLES/RELAYS

### **Our Vision:**

Our vision is to create a strong, wider sprinting collective by creating a community that supports both athletes and coaches in their development. Our aim is to work together to take the best possible steps that can see more athletes enter the high-performance sphere and from this more major event qualifications.

## Event Group Strategic Approach

**CONNECT:** Get to know, and establish positive working relationships with emerging athletes, their coaches and parents.



**DEVELOP** - Teach and develop recognised sprints/relays & hurdle practices to help athletes and coaches develop the proper skills.



**SUPPORT** - Facilitate the planning and delivery of high performance campaigns by providing high-impact event group initiatives.

### How:

#### **Coaching**

*Fostering a network of coaches to develop a wider group of athletes which will become a quality pool of future high-performance athletes.*

#### **Long term athlete development**

*Starting young athletes off by specialising late, and developing general athleticism and performance behaviours, via a range of different expertise.*

#### **Individualised support**

Supporting athletes to transition out of key stages of development into appropriate high-performance pathways.

## 2020/2021 Event Group Plan Initiatives

### 2020-21 Sprints/Relays & Hurdle priority initiatives

#### **CONNECT: Sprints/Relays & Hurdle camps or workshops**

- Tauranga – December 2020
  - Hamilton (Porritt Classic – Hurdle Festival) - February 2021
- This is an opportunity for carded, PPS, P2P and selected on the radar Sprints/Relays & Hurdle athletes and coaches to come together and learn from others. Athletes and coaches also have the opportunity to connect in a relaxed natural learning environment.

Camps will include:

- Practical testing & training sessions
- Presentations from leaders in their field
- DFSNZ presentations
- Athlete focus

Keys focuses will be on connection, direction, and learning.

#### **DEVELOP: 4X100m Relay training sessions (Regular basis)**

This is an opportunity to gather leading and emerging sprinters and develop 4x100 relay skills and have all athletes on the same page, collectively working/planning for a common goal.

**Skills will include:**

- Baton passing
- Acceleration/take-off
- Speed in relay zones

Key focus will be “buy in” from the athletes and targeting major championships as a relay team.

**Sprints/Relays & Hurdle workshops**

As above with connect, workshops will give athletes and coaches the opportunity to develop their area with latest techniques and skills from experienced coaches.

For more information, please contact [jamesmortimer04@gmail.com](mailto:jamesmortimer04@gmail.com)

SUPPORT For High Performance Athletes	For Emerging Athletes:	Coaches
<p><b>Campaign Planning Support</b> Assist established programme athletes (carded, PDS and on the radar, and their teams, develop and implement effective campaign planning and case management processes designed to maximise the likelihood of delivering best performances at major championships.</p> <p><b>Performance Training Environments (PTE)</b> Facilitating access to PTE’s including:</p> <ul style="list-style-type: none"> <li>• <b>Regular Senior 4x100m relay sessions</b> – Support for NZ’s leading sprinters to train together regularly in the quest to reach international goals.</li> </ul>	<p><b>Planning Support</b> Working with HPAD to assist emerging programme athletes (PDS) and their teams to develop planning processes designed to maximise the likelihood of becoming an international level Sprint/Relay or Hurdle athlete.</p> <p><b>Hurdle Festival – Porritt Classic</b> Continue and develop the Hurdle Festival at the Porritt Classic.</p> <ul style="list-style-type: none"> <li>• Assistance for athletes and selected hurdle groups.</li> <li>• Prize money for Festival events.</li> <li>• Funding support for athletes and their coaches.</li> <li>• Education and coaching sessions for hurdles.</li> </ul>	<p><b>Sprints/Relays &amp; Hurdle coach development strategy:</b></p> <ul style="list-style-type: none"> <li>• Highlight and promote opportunities for Sprints/Relays &amp; Hurdles Coaches within Athletics New Zealand’s <a href="#">coaching framework</a></li> <li>• Provide sprint specific coaching development opportunities such as:               <ul style="list-style-type: none"> <li>- Coaching seminar/workshop 2020/21.</li> <li>- General planning support and advice.</li> <li>- Developing a mentoring program.</li> </ul> </li> </ul>

## COMBINED EVENTS

### Our Vision:

To provide opportunities to improve the capability and capacity of Athletics NZ Combined Events Coaches at all levels.

### How:

An established Athletics NZ Combined Events Resource group will:

- Provide advice and direction to the ANZ-HP Staff regarding Combined Events.
- Shape the direction of Combined Events in NZ, especially on Domestic competition placement and venues plus other competitive opportunities.
- Encourage/promote collaboration and professional development of the Combined Events community.

Connecting through Combined Events Camps and Workshops that:

- Focus for the needs of athletes in the events on a year by year basis to lift the standards of performance in those identified areas of event need.
- Provides a platform to facilitate a consultative approach for the development of the Combined Events Group community

<b>2020-21 Combined Events Group Initiatives</b>					
<p><b>Annual Focus</b>  <b>1 April 2020 to 31 March 2021</b>  <b>Ongoing</b></p>	<p><b>General Technical Focus</b></p> <p>A number of initiatives will be utilised to develop these focus areas</p> <ul style="list-style-type: none"> <li>• <i>Aim:</i> To raise the standard of performance in these event areas for the Combined Events athletes in New Zealand</li> <li>• Focus on:               <ul style="list-style-type: none"> <li>✓ Men:                   <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Primary - Pole Vault /Javelin/Shot</td> <td style="width: 50%;">Secondary – Long Jump / Hurdles</td> </tr> </table> </li> <li>✓ Women:                   <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">Primary – Javelin Throw/High Jump</td> <td style="width: 50%;">Secondary – Hurdles /Long Jump</td> </tr> </table> </li> </ul> </li> <li>• Delivery               <ul style="list-style-type: none"> <li>✓ All Programme Athletes/Coaches: 10/7 Squad members</li> <li>✓ Specialist Coach Links</li> </ul> </li> </ul>	Primary - Pole Vault /Javelin/Shot	Secondary – Long Jump / Hurdles	Primary – Javelin Throw/High Jump	Secondary – Hurdles /Long Jump
Primary - Pole Vault /Javelin/Shot	Secondary – Long Jump / Hurdles				
Primary – Javelin Throw/High Jump	Secondary – Hurdles /Long Jump				
<p><b>Annual Needs Focus</b>  <b>1 April 2020 to 31 March 2021</b></p>	<p><b>Special Technical Focus</b></p> <ul style="list-style-type: none"> <li>• <i>Aim:</i> To provide needs-based opportunities for technical development, derived from the athletes Gap Analysis process</li> </ul> <p><b>Target Group (current):</b></p> <ul style="list-style-type: none"> <li>✓ PPP/PDS Athletes/Coaches</li> <li>✓ CE7/10 Squad Athletes/Coaches</li> </ul>				

<p><b>Needs Focus Opportunities</b></p> <p><b>NB: Where applicable the athletes will look to access any individual event group activities that my assist in fulfilling any identified needs.</b></p>	<p><b>Decathlon: Pole Vault</b></p> <ul style="list-style-type: none"> <li>• <i>Aim:</i> To enhance performance levels through immersion approach for Pole Vault involving up to a week long period based in Hastings with Jeremy McColl ANZ-HP Lead Coach Pole Vault.</li> <li>• Focus on: <ul style="list-style-type: none"> <li>✓ Technical Development with the focus on short – Medium length approach jumping</li> <li>✓ Gymnastic development both General and PV specific</li> </ul> </li> </ul> <p><b>Decathlon: Shot Put/Discus</b></p> <ul style="list-style-type: none"> <li>• <i>Aim:</i> To enhance performance levels through a regular contact programme with specialist Javelin coaches:</li> <li>• Focus on: <ul style="list-style-type: none"> <li>✓ Technical Development with the focus on simple technical models and possible rotation technique</li> <li>✓ Alternative Shot Put, development approaches to compliment technical training</li> <li>✓ Shot Put specific Conditioning</li> </ul> </li> </ul> <p><b>Heptathlon/Decathlon: Javelin</b></p> <ul style="list-style-type: none"> <li>• <i>Aim:</i> To enhance performance levels through a regular contact programme with specialist Javelin coaches:</li> <li>• Focus on: <ul style="list-style-type: none"> <li>✓ Technical Development with the focus on simple technical models.</li> <li>✓ Alternative Javelin development approaches to compliment technical training</li> <li>✓ Javelin specific Conditioning</li> </ul> </li> </ul> <p><b>Heptathlon: High Jump</b></p> <ul style="list-style-type: none"> <li>• <i>Aim:</i> To enhance performance levels through a regular contact programme with specialist High Jump coaches:</li> <li>• Focus on: <ul style="list-style-type: none"> <li>✓ Technical Development with the focus on simple technical models.</li> <li>✓ Alternative High Jump development approaches to compliment technical training</li> <li>✓ High Jump specific Conditioning</li> </ul> </li> </ul>
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## DISTANCE

### Our Philosophy and Vision:

*When a black singlet rounds into the home straight in medal contention, the crowd erupts and a country holds its breath. Our vision is to build on our rich distance running tradition, by providing world leading support for distance athletes and coaches in their development towards the delivery of podium performances on the world stage.*

Guiding principles and beliefs:

1. **High Performance Planning** - Facilitating an ongoing planning process designed to assist athletes and coaches to access the resources and support required to deliver their best performance at major championships.
2. **Prioritising coaches** - Supporting a network of coaches to develop 'squads' of athletes as a breeding ground for future high performance.
3. **Long term approach** – Young athletes specialising late, developing general athleticism and performance behaviours, via a range of experiences.
4. **Individualised support** – Supporting athletes to transition out of key stages of development, into appropriate high-performance pathways.

<b>2020/21 Distance Event Group (DEG) priority initiatives</b>	
<b>CONNECT</b>	<p><b>Emerging talent distance camp</b> ~ Hanmer, 7-9 October school holidays</p> <p>The purpose of this camp is to provide a collaborative training opportunity for athletes and coaches to develop essential foundations required for long-term distance success:</p> <ul style="list-style-type: none"> <li>- Athletes aged 15-18</li> <li>- Range of workshops and practical training sessions</li> <li>- Separate coach development sessions</li> <li>- Spaces are limited with priority given for athletes whose coaches attend</li> <li>- Support is available for ANZ-HP programme athletes, and ANZ accredited coaches</li> <li>- Key focus areas for 2020/21 include; Athleticism, Recovery, RED-s, LTAD approach,</li> </ul> <p>For more information contact Maria Hassan <a href="mailto:mariah@athletics.org.nz">mariah@athletics.org.nz</a></p>
<b>PROFILE</b>	<p><b>DEG testing workshops</b> – Auckland (Millennium, AUT) April 22-23, 2020</p> <p>The DEG testing workshop is an annual event designed to give programme and selected 'on the radar' distance athlete's access to a range of physiological profiling to help identify various aerobic and speed/power characteristics. This includes:</p> <ul style="list-style-type: none"> <li>- VO2max / Lactate threshold</li> <li>- Peak Speed assessment with Radar technology</li> <li>- Jump and reactive strength measures</li> <li>- Video Analysis of running mechanics – stride lengths and frequency details</li> <li>- Max lactate production test</li> </ul> <p>Practical workshops to assist coaches with the application of any gaps identified from the testing are also held:</p> <ul style="list-style-type: none"> <li>- Strength, posture and positions</li> </ul>

- Stiffness and ground contact
- Functional drills

**Due to Covid-19 the April 2020 testing workshop was cancelled. Testing for selected athletes is included as part of the ANZ-DEG training camps (see below)**

For further information, please contact [steve@athletics.org.nz](mailto:steve@athletics.org.nz)

<b>SUPPORT</b>	<i>For High Performance Athletes</i>	<i>For Emerging Athletes:</i>	<i>Coaches:</i>
	<p><b>Staying connected</b> Regular “athlete connect” zoom meetings (separate male and female meetings) for key programme athletes and selected emerging athletes, to connect with each other and the HP programme.</p> <p><b>Covid - 19 response campaign planning support</b> Assist domestic and offshore athletes to navigate their way through the many uncertainties caused by the global pandemic with regards to Tokyo qualification and preparation.</p> <p><b>Performance Training Environments (PTE)</b> Facilitating access to PTE’s including:</p> <ul style="list-style-type: none"> <li>• <b>Covid-19 Response</b> – Assisting offshore athletes to access safe training environments</li> <li>• <b>Domestic distance hubs</b> – Support for NZ’s high performance distance athletes and selected emerging athletes, to train collaboratively for key blocks, in preparation for the 2020-21 domestic season and beyond. Venues include: <ul style="list-style-type: none"> <li>• Rotorua ~ July 6-19</li> <li>• Christchurch ~ (female only) in conjunction with Hanmer camp.</li> <li>• Snowfarm (altitude) ~ November</li> </ul> </li> </ul>	<p><b>Planning Support</b> Working with HPAD to assist emerging programme athletes (PDS) and their teams develop planning processes designed to maximise the likelihood of becoming an international level distance athlete.</p> <p><b>RED-s Programme</b> Continued development of the Relative Energy Deficiency in Sport (RED-s) issue to raise awareness, early recognition, prevention strategies and providing support for RED-s athletes</p> <ul style="list-style-type: none"> <li>• Education and support for RED-s athletes and their coaches</li> <li>• RED-s road show 2020. Support and monitoring for athletes overcoming complications from RED’s</li> </ul> <p>For further information, please contact <a href="mailto:mariah@athletics.org.nz">mariah@athletics.org.nz</a></p> <p><b>Staying connected (NCAA)</b> Targeted advice and support including:</p> <ul style="list-style-type: none"> <li>• Covid-19 response and travel advice for NZ athletes</li> <li>• Planning support for emerging athletes contemplating NCAA pathways.</li> <li>• MOU’s with key NCAA programmes.</li> <li>• Regular communication with those currently on scholarship</li> </ul>	<p><b>Distance coach development strategy</b></p> <ul style="list-style-type: none"> <li>• Monthly “Coach Connect” zoom meeting (separate male and female groups)</li> <li>• Highlight and promote opportunities for distance coaches, within Athletics New Zealand’s <a href="#">Coaching framework</a></li> <li>• Provide distance specific coach development opportunities such as: <ul style="list-style-type: none"> <li>- Travel and accommodation support for targeted established coaches to attend identified DEG PD and networking opportunities.</li> <li>- Coach specific workshops at emerging talent camps for emerging coaches</li> <li>- General planning support and advice</li> </ul> </li> </ul> <p><b>NZ Domestic season MD competition development.</b> Working with the ANZ-HP director, ANZ event manager, meet directors, and key coaches and athletes, to provide high level racing opportunities for the increased number of athletes based NZ during the domestic track season.</p> <p>For further information, please contact <a href="mailto:steve@athletics.org.nz">steve@athletics.org.nz</a></p>

	<ul style="list-style-type: none"> <li>• Hastings / Wanganui – January</li> <li>- <i>Dates to be confirmed in light of Covid-19 restrictions</i></li> </ul> <p>For further information, please contact <a href="mailto:steve@athletics.org.nz">steve@athletics.org.nz</a></p>	<ul style="list-style-type: none"> <li>• Specific support for post collegiate integration back into the ANZ-HP programme</li> <li>• <b>Female athlete workshop</b> – Theme ~ Un-locking female athlete potential. Dates TBC</li> </ul> <p>For further information, please contact <a href="mailto:mariah@athletics.org.nz">mariah@athletics.org.nz</a></p>	
<b>Horizon Projects</b>			
	<p><b>Paris Distance Development Squad:</b></p> <p>Support for selected emerging distance athletes to access</p> <ul style="list-style-type: none"> <li>• Domestic training camps (eg. Rotorua, Snowfarm)</li> <li>• Offshore altitude exposure</li> <li>• High level domestic racing</li> <li>• Offshore high level racing block (US / Europe)</li> <li>• Planning and training programme support</li> <li>• Physiological profiling opportunities to assist</li> </ul> <p>Tentative start date April 2021</p> <p>For more information contact <a href="mailto:Steve@athletics.org.nz">Steve@athletics.org.nz</a></p>		

## RACE WALKS

The aim of the *2020-2021 Race Walk Event Group Plan* is to assist the Athletics NZ vision which is to:

- 1) Support the Mission of Athletics New Zealand which is “The encouragement, enhancement and promotion of all athletic endeavour including selecting and sending representative teams” specifically in Race Walking.
- 2) Support and contribute with ANZ-HP to achieve its HPNZ funding KPI requirements for the 2021 World Athletics Championships and beyond.
- 3) Provide strategic leadership for the Race-Walking Event Group with the ANZ-HP strategy plan but especially the Athletics NZ Coaching Plan.
- 4) To contribute and uphold Athletics NZ values of Integrity, Responsive, Connected and Achievement focused

Following consultation with many stakeholders in the Athletics New Zealand race walking community it became apparent that there are significant opportunities for race walking but it

would need a cooperative and cohesive approach to attain the goals the Race Walking community want to set. Six pillars of excellence were maintained from this consultative progress –

1. Coaching
2. Judges and officials
3. Participation
4. Communication
5. Camps & clinics
6. Competitions

<b>2020-2021 Race Walk Event Group Plan Activities</b>	
<b>May/June 2020</b>	<p>A two-day camp for athletes, judges and their coaches to be held in New Plymouth/Wellington (TBC)</p> <ul style="list-style-type: none"> <li>• All race walk athletes but especially those attending High School or U23 who are current race walkers, those that wish to become a race walker or restart their race- walking career as an athlete will be invited along with their coaches.</li> <li>• The aim of the camp will be to have group training opportunities created and designed to enhance better technique and to enhance and to increase the number of our race walk judges’ and their abilities to judge.</li> <li>• Focus of the camp will be on judging, technique and speed.</li> <li>• A possible competition or relay would be arranged for athletes so that judges/coaches of race walking could have a practical experience</li> </ul>
<b>September/October 2020 Emerging Talent Camp</b>	<p>A two-day camp for athletes and their coaches at the 2020 Athletics NZ Road Championships to be held in Auckland (TBC)</p> <ul style="list-style-type: none"> <li>• Athletes attending High School or U23 who are current race walkers, those that wish to become a race walker or restart their race- walking career as an athlete will be invited along with their coaches.</li> <li>• The aim of the ETC will be to have group training opportunities created and designed to enhance athlete support and the development of a squad culture.</li> <li>• Focus of the ETC will be on technique and speed.</li> <li>• An international coach will be invited to be the guest facilitator(tbc) along with our two-international race- walking athletes Alana Barber and Quentin Rew (tbc) who will conduct practical and knowledge sessions</li> <li>• All athletes to compete at the Athletics NZ Road Championships</li> </ul>
<b>Resource development &amp; event group promotion</b>	<ul style="list-style-type: none"> <li>• In conjunction with the Development Manager and Coach Development Leader, develop a series of resources to build capability of Clubs to deliver novel and meaningful RW opportunities on club nights.</li> <li>• Promotion of the RWEGP at key competitions (NZSS &amp; Colgate) and especially to schools/students-From year 7 upwards etc</li> <li>• To develop and provide a resource booklet with all the relevant information to clubs and members perhaps alongside the Run, Jump, Throw manual</li> </ul>

	<ul style="list-style-type: none"> <li>• To inform and communicate to coaches and athletes of race walk webinars etc</li> <li>• To inform and communicate to coaches and athletes of potential new resources e.g. <a href="http://racewalk.com/resources/RacewalkingFunFinal.pdf">racewalk.com/resources/RacewalkingFunFinal.pdf</a></li> <li>• In conjunction with the Officials Development Manager develop a plan to attract new officials or existing officials to become a race walking judges.</li> </ul>
<p><b>Race Walk Development</b></p>	<ul style="list-style-type: none"> <li>• To initiate a coach mentoring/buddy system and to develop a squad ethos especially for new coaches</li> <li>• Work alongside with the ANZ-HP Coach Development Leader Kirsten Hellier to provide opportunities for professional development and education for race walking coaches</li> <li>• Work with the race walking community in Australia by attending events, attending camps (e.g. Super Nova Camp in Melbourne and Canberra) etc</li> <li>• To establish close relationships with various race walking clubs e.g. Victorian race walking club</li> </ul> <p><i>For further information and to discuss race walking please contact the Out of Stadia Coordinator <a href="mailto:john@athletics.org.nz">john@athletics.org.nz</a> or 021 717 738</i></p>