

Athletics New Zealand Guidelines for Alert Level 1 (valid until further notice)

New Zealand is at Alert Level 1, stay vigilant, be kind.

<p>Alert Level 1 – Prepare Disease is contained but there is isolated household transmission occurring.</p>	<p>Alert Level 1 – Athletics NZ measures</p>
<p>Outcome: Continue to practice good hygiene to minimise the risk of community transmission.</p> <p>Summary: Athletics under Alert Level 1 looks much like it did pre-COVID-19, with border restrictions. There are no restriction on gatherings, no mandatory requirements for physical distancing, although all clubs must display a QR code for contact tracing purposes.</p> <p>Public health measures: Contact tracing (mandatory use of QR codes), cleaning and hygiene.</p>	<p>Overview: Local athletics can continue with ongoing observance of public health measures.</p> <ul style="list-style-type: none"> • Clubs MUST display a QR code to assist people in tracking their movements. • If you're sick, stay home. Do not train, compete, coach, officiate etc, alongside others. • Maintain strong hygiene practices <ul style="list-style-type: none"> ○ Wash your hands ○ Sneeze or cough into your elbow and regularly clean shared surfaces ○ Avoid spitting ○ Facility providers should continue to regularly clean shared surfaces and to provide hand washing or sanitising facilities. • While physical distancing is not required you should still consider distancing yourself from people you don't know, if you can. • Review the Athletics NZ Level 2 Club Support Resource to be prepared for any future move back to Alert Level 2. • Be kind to others and be kind to yourself.

Please note, this advisory is current as of 8 October 2020 and is subject to change.

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