

2021-2022 Race Walk Event Group Plan

The aim of the *2021-2022 Race Walk Event Group Plan* is to assist the Athletics NZ vision which is to:

- 1) Support the Mission of Athletics New Zealand which is “The encouragement, enhancement and promotion of all athletic endeavour including selecting and sending representative teams” specifically in Race Walking.
- 2) Support and contribute with ANZ-HP to achieve its HPNZ funding KPI requirements for the 2021 World Athletics Championships and beyond.
- 3) Provide strategic leadership for the Race-Walking Event Group with the ANZ-HP strategy plan but especially the Athletics NZ Coaching Plan.
- 4) To contribute and uphold Athletics NZ values of Integrity, Responsive, Connected and Achievement focused.

Following consultation with many stakeholders in the Athletics New Zealand race walking community it became apparent that there are significant opportunities for race walking, but it would need a cooperative and cohesive approach to attain the goals the Race Walking community want to set. Six pillars of excellence were maintained from this consultative progress:

1. Coaching.
2. Judges and officials.
3. Participation.
4. Communication.
5. 5.Camps and Clinics
6. 6. Competitions.

2021-2022 Race Walk Event Group Plan Activities

December 2021	<p>NZSS Championships with 3 seminars both theoretical and practical for athletes and their coaches.</p> <p>Target audience 13-18 plus coach/teacher.</p> <ul style="list-style-type: none"> • Friday evening on judging race walks-presenter to be Grant Lord an Athletics NZ judge • Saturday morning on exercises/recovery-Physio seminar etc presenter Tash Bowden former NZ rep in diving and works across several sports. • Saturday afternoon on REDs-presenter TBC
April 2022	<p>Wellington camp/clinics over Anzac weekend.</p> <ul style="list-style-type: none"> • Target audience – Coaches and athletes, focusing on our top race walkers from 12/13 years of age to U23 plus our programme athletes. • Guest presenter TBC • Focus would be on technique, developing speed and training programs development. • Video analysis of each athlete with their coach with specialist input/feedback.

<p>Resource development & event group promotion</p>	<ul style="list-style-type: none"> • In conjunction with the Development Manager and Coach Development Leader, develop a series of resources to build capability of Clubs to deliver novel and meaningful RW opportunities on club nights. • Promotion of the RWEGP at key competitions (NZSS & Colgate) and especially to schools/students-From year 7 upwards etc • To develop and provide a resource booklet with all the relevant information to clubs and members perhaps alongside the Run, Jump, Throw manual • To inform and communicate to coaches and athletes of race walk webinars etc • To inform and communicate to coaches and athletes of potential new resources e.g. racewalk.com/resources/RacewalkingFunFinal.pdf • In conjunction with the Officials Development Manager develop a plan to attract new officials or existing officials to become a race walking judges.
<p>Race Walk Development</p>	<ul style="list-style-type: none"> • To initiate a coach mentoring/buddy system and to develop a squad ethos especially for new coaches • Work alongside with the ANZ-HP Coach Development Leader Kirsten Hellier to provide opportunities for professional development and education for race walking coaches • Work with the race-walking community in Australia by attending events, attending camps (e.g. Super Nova Camp in Melbourne and Canberra) etc • To establish close relationships with various race-walking clubs e.g. Victorian race walking club <p><i>For further information and to discuss race walking please contact the Out of Stadia Coordinator john@athletics.org.nz or 021 717 738</i></p>