



SIR GRAEME DOUGLAS INTERNATIONAL

SUN 20 FEB, 3.30PM

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ATHLETICS
NEW ZEALAND

THE
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2022 Sir Graeme Douglas International

Sunday 20th February 2022

Douglas Track & Field, The Trusts Stadium, Waitakere, Auckland

ATHLETE INFORMATION (Under Covid Red Light Setting)

We are delighted to have your participation in the Sir Graeme Douglas International, a World Athletics Continental Tour Bronze level meet (Category C). The competition will be conducted in accordance with the rules/regulations of World Athletics.

Important Information

Because of the many challenges in delivering events like these currently we request that you familiarise yourself with the information in this document and the maps outlining venue access, where you can be seated in the stadium when not warming up or competing and the placement of your designated bathroom facilities. If you have any questions or are not sure about something we will be happy to assist you on your arrival at the stadium. Thank you for your cooperation.

Stadium Entry

Athletes will be able to enter the stadium via the steps from the carpark/concourse in front of The Trusts Arena (refer Map for access for Pods 1 & 2). There is no entry charge for athletes. Please have your My Vaccine Pass (MVP) ready for scanning upon entry to the stadium.

Please follow all relevant guidance as it relates to Covid protocols at the event, which may include the requirement to wear a face covering in some instances during your attendance.

Friend, Partner or Family Member Attendance Applications

Athletics New Zealand is relieved to be able to deliver the annual Sir Graeme Douglas International Bronze Continental Tour Meeting under the Red Traffic Light Setting. To ensure the event is run safely, and in alignment with the Sport NZ and government guidelines, there will be some restrictions on who can attend the event to support athletes.

Whilst we can operate with Pods/Groupings under the RED Traffic Light setting, each Pod/Grouping must have access to their own dedicated facilities such as entry/egress points and bathroom facilities. Based on the number of pods we can practically operate within the venue; we are not able to allow all supporters into the facility as we would normally do with this meeting. However, we can offer every confirmed competing athlete the opportunity to have ONE friend, partner, or family member to be at the meet who will be allocated into two special pods. These supporters will have their own dedicated entrance based on their surname and will be seated in a designated area for the duration of their time at the meet, will have their own dedicated bathroom facilities and most importantly will not be able to



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engage with the athlete they are supporting whilst in the venue or move around. We are sorry that this is how it needs to be to enable the Meet to go ahead and allow athletes to have these important competitive opportunities.

Please register [HERE](#) by 5pm Thursday 17 February to secure your accreditation.

Coach Attendance Applications

We can offer the opportunity for competing athletes with accredited and/or community coach members to also have THEIR coach attend (in addition to their Friend, Partner or Family Member) the meet in a Coach specific pod.

Coaches need to register [HERE](#) by 5pm Thursday 17 February to secure your accreditation.

Note: all accepted support personnel (friend, partner, family member or coach) will be informed of their acceptance on Friday 18 February and can then come to the appropriate entrance to gain entry on the day of the meet from 2.30pm.

Please Note: if covid cases continue to rise leading into the meet protocols may need to be further tightened at short notice.

Athlete Check-in and Competition Pack Collection

All athletes are required to check-in. Check-in is at the bottom of the steps upon entry. There will be separate check-ins for track athletes and field athletes. If you are in both track and field events, you will need to check-in at both tables. Check-in opens **from 1.00pm Sunday 20th.**

All **track athletes** are required to check-in **no less than 1 hour prior** to the start of their event. Failure to check-in will be taken as confirmation of withdrawal from the event and events may be redrawn accordingly.

Competition packs will be supplied at check-in.

Call Room

There will be NO call room, but athletes are required to **Check-in** as per above.

Once checked-in, athletes are expected to report straight to the competition area:

Track Events: no less than **20** mins prior to the event start time.

Field Events: no less than **30** mins prior to the event start time, except Pole Vault which is no less than **45** minutes prior to the event start time.

Warming-up

The main designated warm-up areas are on the top field (Refer map - Field 2 for field event athletes and Field 3 for track event athletes). We ask you to utilise these areas to further reduce risk of pod cross over. Final track warm-ups are permitted on the back straight, mindful of any events being conducted.

Field events will be given a minimum of 30 minutes access to the competition area prior to competition. Starting blocks and hurdles will be available on back straight for warm-up.



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Throws warm-up is only in the competition area under the supervision of the event officials. All warmup throws will be in competition order, from the circle/run up and as advised by the officials.

Uniform and Competition Bibs

Athletes may wear competition uniform of their choice, provided it complies with the World Athletics advertising regulations.

Athletes will be allocated two competition bibs which must be worn on the front and back of the uniform during competition, with exception of the Jumps events where only one bib (front or back) is required.

Spikes

The venue ruling for the Douglas Track is a maximum spike length of 12mm for Pole Vault and Javelin with a maximum of 9mm for all other disciplines. Only conical & pyramid (Christmas tree) allowed.

Implement Check

Athletes who wish to use their own throwing implements during the event **MUST** lodge them with the Technical Manager at the Technical/Equipment Room, no later than **2pm on competition day** for checking and impounding. The Technical Room is located in the gear shed at track level, next to the Shot Put sector.

The implements will be impounded until after the event or events for which they are submitted, at which time athletes may collect them from the Technical Room. Please note, personal implements will be placed into the 'pool' of competition equipment and may be used by any athlete.

Timed Finals

The following events will be conducted as TIMED finals:

Women's 100

Men's 100

Women's 400m

Men's 400m

World Athletics placing points will be awarded to the TOP EIGHT (8) best performances where TIMED FINALS are conducted for that track event in accordance with the rules of World Athletics.

Pole Vault

Starting heights and progressions:

Men's PV 4.35, 4.55, 4.70, 4.85, 5.00, 5.15, 5.25, 5.35, 5.45, 5.50, 5.55

Women's PV 3.30, 3.50, 3.70, 3.85, 4.00, 4.15, 4.25, 4.35, 4.45, 4.55, 4.60

High Jump

Starting heights and progressions:



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Men's HJ 1.86m, 1.91m, 1.96m, 2.01m, 2.06m, 2.10m, 2.15m, 2.19m, 2.23m, 2.27m, 2.31m, 2.33m

Women's HJ 1.62m, 1.67m, 1.72m, 1.77m, 1.80m, 1.83m, 1.86m, 1.88m, 1.90m

Presentation Ceremonies

Due to the Covid Red Light restrictions, non-contact presentation ceremonies will be held in 2022.

Athletes who place in the Continental Tour Events will be required to move directly from their event area to the dais immediately after their event.

Prize Money

For all Continental Tour status event finals, the following prize money (NZD) will be awarded:

1st place \$750.00

2nd place \$400.00

3rd place \$250.00

Doping Control

Athletes are reminded that they may be required to undertake doping control at the conclusion of their event. Athlete's may elect to have a representative/support person present. If you have further events or duties (such as presentation ceremony or interviews) please advise the doping control chaperone when you are first approached.

First Aid

Emergency Medical Technicians (EMT) will be present at the event trackside and will be identifiable in their uniforms. Otherwise, Accident and Emergency 24/7: White Cross, 131 Lincoln Road (1km from track). Phone number: +64 9 836 3336.

Safety

In the interests of safety to athletes, coaches, officials, volunteers, and spectators the following should be always adhered to:

- All Covid Traffic Light Red conditions must be complied with. Intermixing of attendee pods is not permitted under any circumstances.
- Spikes are only to be worn on the Field of Play (FOP) or in relevant warm-up areas.
- Entry to the FOP is to be made by athletes under control of officials.
- Athletes are not to cross the infield of the FOP.
- No glass is permitted within the FOP.
- Throwing implements should only be picked up when directed by officials.
- Athletes should take care crossing the track at all times and adhere to directions from officials regarding the crossing of the track.

Post Event Function

Post Event refreshments will be offered at the The Good Home, Quality Inn Hotel Lincoln Green, 159 Lincoln Road, Henderson, West Auckland – 500m from the Stadium), Sunday 20th from 7.30pm. This is a casual post event space for refreshments and nibbles which will

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require a MVP check at the door. A seated area will be provided behind the bar, and will be conducted by, and under the covid regulations of the Good Home.