

Sir Graeme Douglas International – Timetable

| Start Time | Event | Gender |
|------------|----------------|--------|
| 1530 | Javelin | W |
| 1535 | High Jump | W |
| 1545 | 400 Hurdles | W |
| 1600 | Pole Vault | M |
| 1635 | 100 | M |
| 1640 | 100 | W |
| 1645 | Shot Put | M |
| 1705 | 1500 | M |
| 1715 | 1500 | W |
| 1720 | High Jump | M |
| 1730 | <i>4 x 100</i> | W |
| 1800 | Pole Vault | W |
| 1805 | 400 | W |
| 1810 | 400 | M |
| 1825 | 5000 | W |
| 1830 | Shot Put | W |
| 1845 | Long Jump | M |
| 1900 | 5000 | M |

*as of 29-01-22 subject to change