

## 2022 New Zealand Cross Country Championships – Race Timetable

Time	Age Grade/s	Distance
10:00	Girls U14	3KM
10:10	Boys U14	3KM
10:15	Girls U16	4KM
10:25	Boys U16	4KM
10:35	Masters Men 65+	6KM
11:05	Masters Women 35+	6KM
11:15	Masters Men 35 – 64	8KM
11:50	Kids Dash	2KM
12:00	Fun Run / Walk	2KM or 4KM
12:35	Womens U18	5KM
12:45	Mens U18	6KM
12:55	Womens U20	6KM
13:00	Mens U20	8KM
13:20	Senior Women	10KM
14:05	Senior Men	10KM

\*as at 27-04-22 subject to change