

Sprints , Hurdles & Relays Event Group Plans 2022-23



Performance

Vision

To enrich the high-performance environment in Sprints, Hurdles & Relays from our domestic & community initiatives and be capable producing Olympic final performance's.

How

High Performance Campaigns resulting in High Performance results (World & Olympic Finals 2024+)

Build on and develop high performance environments to ensure we deliver repeatable and sustainable success through:

- High Performance Planning – access to resource and assistance to support performances
- Prioritising coaches – support and develop coaching networks to grow future HP athletes
- Individual Support – supporting athletes throughout the performance pathways
- Long term approach - bridging performance gaps by focusing on developing athleticism and performance behaviours

Initiatives

1. Potts Classic Performance Camp 2023

Athletes and coaches captured across the ANZ-HP Athlete Pathway will be invited to attend the annual Potts Classic Performance Sprints, Hurdles & Relay Camp. The purpose of this camp is to provide a shared training environment for high level Sprint & Hurdle athletes and coaches from across the Event Group. Where appropriate, selected athletes and coaches transitioning into the performance domain may be invited to attend.

Location: Hastings

Dates: January 2023 (TBC)

2. Regional/National Relay Initiatives

Athletes and coaches captured across the ANZ-HP Athlete Pathway will be invited to attend Relay focused initiatives. The purpose of these initiatives is to provide an opportunity for identified athletes (and coaches) to build the capacity and capability of targeted relay events/squads.

Location: Assorted

Dates: (TBC)

3. Targeted Relay teams to attend targeted National and/or international relay events.

Location: Assorted

Dates: (TBC)

4. High Performance Hui

Identified HP programme athletes and coaches will be invited to attend HP Hui initiative/s annually.

Location 1: AUT Millenium, Auckland

Dates: September 28-29, 2022

Location 2: February 2023 (in conjunction with Potts Performance camp)

Dates: TBC

5. High Performance Athlete Development (HPAD)

There will be two specific HPAD opportunities for targeted athletes across event groups. There will be a multiple day domestic camp and an Australian tour held each year which Performance Development Squad (PDS) and/or Performance Potential Squad (PPS) athletes will have a priority invitation to attend.

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Community Initiatives

Vision

To nurture the depth and quality of athletes and coaches within the community to support the ongoing delivery and development of Sprints, Hurdles & Relays.

More athletes and coaches reaching for higher performances. Succession.

How

The focus for community-based initiatives is to establish dedicated opportunities for athletes and coaches to interact with each other and our performance level coaches. In addition, a dedicated focus to develop a pool of quality ACEⁱ to support club and regional coach development.

Initiatives

1. Classic Clinics – Athlete and coach development clinics scaffolded off Classic competitions
 - a. Porritt Classic 2023 (TBC)
2. South Island development Hurdles camp – 21 November 2022, Christchurch
3. Continue the delivery of the Sprints, Hurdles & Relays. (CAD Level 1)
4. Regional/club coach development delivery by request.

Contact: Mariah Ririnui – Community Coaching Coordinator mariahr@athletics.org.nz

ⁱ ACE – Athletics Coach Educators, responsible for event group coach development