

Throws Event Group Plans 2022-23



Performance

Vision

To consolidate on developing a world-leading domestic programme capable of repeatable medal winning performances 2024 and beyond.

How

Medal campaigns resulting in podium results.

Build on and develop performance environments to ensure we deliver repeatable and sustainable success through:

- High Performance Planning – access to resource and assistance to support performances
- Prioritising coaches – support and develop coaching networks to grow future HP athletes
- Individual Support – supporting athletes throughout the performance pathways
- Long term approach - bridging performance gaps by focusing on developing athleticism and performance behaviours

Initiatives

1. Annual Throws Camp

The purpose of this initiative is to provide a shared-training environment for Throws athletes and coaches from around New Zealand. There is a minimum age of 16 for athletes to attend this initiative.

Contact the event organiser Kim Mickle kim@athletics.org.nz

Location: Auckland (TBC)

Dates: January 2023 (TBC)

2. Potts Classic High-Performance Camp

Athletes and coaches captured across the ANZ-HP Athlete Pathway will be invited to attend the Potts Classic Performance Throws Camp. The purpose of this camp is to provide a shared training environment for high level Throws athletes and coaches from across the motu.

Location: Hastings

Dates: January 2023 (TBC)

3. High Performance Hui

Identified HP programme athletes and coaches will be invited to attend HP Hui initiative/s annually.

Location 1: AUT Millennium, Auckland

Dates: September 28-29, 2022

Location 2: February 2023 (in conjunction with Potts Performance camp)

Dates: TBC

4. High Performance Athlete Development (HPAD)

There will be two specific HPAD opportunities for targeted athletes across event groups. There will be a multiple day domestic camp and an Australian tour held each year which Performance Development Squad (PDS) and/or Performance Potential Squad (PPS) athletes will have a priority invitation to attend.

Throws Specific Events

1. Sam Johnson Memorial Throws Meet

Location: Hamilton

Date: November 2022 TBC

2. Sola Power Throws Meet – Shot Put Permit Status

Location: Wellington

Date: 04 February 2023 (TBC)

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Community Initiatives

Vision

To develop the depth and quality of athletes and coaches within the community to support the ongoing delivery and development of Throws.

More athletes and coaches reaching for higher performances. Succession.

How

The focus for community-based initiatives is to establish dedicated opportunities for athletes and coaches to interact with each other and our performance level coaches. In addition, a dedicated focus to develop a pool of quality ACEⁱ to support club and regional coach development.

Initiatives

1. Regional based development opportunities where athletes and coaches connect formally/informally around training opportunities.
2. Delivery of CAD level I & II Throws modules
3. Regional/club coach development delivery by request.

Contact: Mariah Ririnui – Community Coaching Coordinator mariahr@athletics.org.nz

^{i i} ACE – Athletics Coach Educators, responsible for event group coach development