



ATHLETICS NZ HIGH PERFORMANCE (ANZ-HP) ATHLETE PATHWAY

ANZ-HP Vision: A sustainable and highly respected multi-medal winning programme

	Performance Development Squad (PDS)	Performance Potential Squad (PPS)	Elite Performance Squad (EPS)
Stage of Development	Developing Performance	Preparing for High Performance	High Performance
Athlete age	Approximately 16-19 years old	Approximately 18-22 years old	Approximately 20+ years old
Support Numbers	Approximately 20 athletes	Approximately 5-10 athletes	Determined by athlete performance / As allocated
Programme description	A 2 year programme for emerging athletes demonstrating future performance potential. PDS members receive invitations to relevant camps; and planning support to assist with learning the fundamentals of developing performance.	For more established athletes preparing for the demands of entering the high performance environment; and are tracking towards or demonstrating the potential to perform with distinction at senior pinnacle competitions at some stage throughout their career.	For established athletes prepared for the high performance environment and that are demonstrating the capability to perform with distinction at senior pinnacle competitions.
ANZ-HP primary contact	Tim Driesen - tim@athletics.org.nz	Tim Driesen - tim@athletics.org.nz	Kat Austin - kat@athletics.org.nz
Programme selection guidelines	Programme selection is dependent on athlete performance level and development needs. The final decision is made by the ANZ-HP Director.	Selection based on Performance Potential. Achieving or realistically tracking towards the ANZ-HP performance level guidelines with consideration of both individual (such as stage of career) and other performance factors (such as physiological capacity and/or training environment, etc.)	Selection based on performance. Achieving or realistically tracking towards and ultimately beyond the ANZ-HP performance level guidelines . Athletes must demonstrate they have the capability and potential to perform with distinction (podium potential) at senior pinnacle competitions
Athlete selection timeframes	Once per year - Post NZL domestic season (April)	Twice per year – Post NZL domestic season (April-May) and post international season (Oct-Dec)	Twice per year – Post NZL domestic season (April-May) and post international season (Oct-Dec)
Programme review timelines	Yearly, after NZL domestic season	1-2 reviews yearly, Post domestic season and international season de-briefs/reviews	1-2 reviews yearly, Post domestic season and international season de-briefs/reviews
Programme exit	Transition to another programme or deselection	At the end of the 2-year programme; however a second year of involvement will only be offered if the athlete/coach demonstrate an engagement and commitment to their development. If this is not the case, de-selection may occur after the first year.	After progression to the Elite Performance Squad (EPS) or After 1-2 years of limited/no progression with consideration of individual circumstances (injury/relocation etc).

ATHLETICS NZ AVAILABLE SUPPORT

ANZ-HP Support Support provided by the ANZ-HP Programme is based on Athlete development needs and performance level	<ul style="list-style-type: none"> Individual Development Planning support Invitation to PDS and relevant event group camps Funding support may be available to attend Athletics NZ PDS or event group camps. 	<ul style="list-style-type: none"> Individual Development and Campaign planning support Campaign funding support Season de-brief and review Relevant ANZ-HP opportunities 	<ul style="list-style-type: none"> Individual Campaign planning support Campaign funding support Season de-brief and review Relevant ANZ-HP opportunities
---	--	---	---

HPSNZ AVAILABLE SUPPORT

Tailored Athlete Performance Support (TAPS) Levels (HPSNZ)	Talent Identification and Confirmation	Potential	Opportunity	Convert	Probable
Support criteria description	Athletes that have demonstrated realistic (future) winning capabilities against sport benchmarks developing and confirming the required attributes, attitudes and motivation for international success.	Athletes that have demonstrated realistic (future) winning capabilities against sport benchmarks together with the required attributes, attitudes and motivation for international success as confirmed by their NSO as determined by their evidence-based Performance Pathway.	Athletes that are confirmed to transition into high performance, they are learning how to operate within a world class environment and meet the demands of pinnacle event performances, graduating within four years.	Athletes that have demonstrated realistic medal winning capabilities and are refining performances for podium success at next pinnacle event(s).	Athletes that have achieved repeated podium success at pinnacle events and continue to polish their proven international performances.
HPSNZ support <i>*all support is based on needs identified from a plan and prioritised.</i>	<ul style="list-style-type: none"> Workshops and education delivery at ANZ-HP camps Limited Athlete Performance Support (APS) may be available * <i>Dependent on plan</i> May be eligible to apply for HPSNZ Prime Ministers scholarships 	<ul style="list-style-type: none"> Athlete Performance Support (APS): * <i>Dependent on plan</i> <ul style="list-style-type: none"> Athlete Life, Nutrition, Psychology, Strength & Conditioning, Physiotherapy, Sports Medicine, Physiology May be eligible for a Development Training Grant (DTG) of \$10k per annum Excellence Grants may be available Health Insurance Eligible to apply for HPSNZ Prime Ministers scholarships 	<ul style="list-style-type: none"> Athlete Performance Support (APS):* <i>Dependent on plan</i> <ul style="list-style-type: none"> Athlete Life, Nutrition, Psychology, Strength & Conditioning, Physiotherapy, Sports Medicine, Physiology Base Training Grant (BTG) of \$30k per annum Excellence Grants may be available Health Insurance Eligible to apply for HPSNZ Prime Ministers scholarships 		