

2023 Sir Graeme Douglas International - Timetable

Session Start		Event Time	Event	Gender
4.30pm	CT Field Begins	1630	Pole Vault	M
		1630	Long Jump	W
5.35pm	Nat Permit Track Begins	1735	100 Race 1 National Permit	M
		1738	100 Race 2 National Permit	M
		1741	100 Race 1 National Permit	W
		1800	400 Hurdles	M
		1810	400 Hurdles	W
6.00pm	CT Track Begins	1815	Shot Put	M
		1825	Long Jump	M
		1830	4 x 100	M
		1835	4 x 100	W
		1845	Pole Vault	W
		1850	1500 Race 1 National Permit	M
		1900	1500 Race 2 Continental Tour	M
		1910	1500 Race 1 National Permit	W
		1920	1500 Race 2 Continental Tour	W
		1935	400 Para & Race 1 Timed Final	M
		1940	400 Race 2 Timed Final	M
		1945	400 Race 3 Timed Final	M
		1950	400 Para & Race 1 Timed Final	W
		1955	400 Race 2 Timed Final	W
		2000	Shot Put	W
		2005	100 Para	M
		2008	100 Race 3 Timed Final	M
		2011	100 Race 4 Timed Final	M
		2014	100 Para	W
		2015	Javelin	M/W
2017	100 Race 2 Timed Final	W		
2020	100 Race 3 Timed Final	W		
2030	5000	W		
9.15pm	SGD - Close	2055	5000	M

*as at 1600 09-03-23 subject to change

Continental Tour Events		
Thursday 16 Mar		
Auckland		
	WOMEN	MEN
100m	✓	✓
400m	✓	✓
1500m	✓	✓
5000m	✓	✓
400mH	✓	✓
400 Relay	✓	✓
Long Jump	✓	✓
Javelin	✓	✓
Pole Vault	✓	✓
Shot Put	✓	✓