

Stadium Access for Athlete training During Championships.

Wednesday: Access only to stadium 4.00pm to 7.00pm

- Thursday: 7.00am to 8.30am and 30mins post final event completion until 7.30pm
- Friday: 7.00am to 8.30am and 30mins post final event completion until 7.30pm
- Saturday: 7.00am to 8.30am and 30mins post final event completion until 7.30pm
- Sunday: No track training in morning 5.00pm til 7.00pm

Facility that is available

- Track training - Yes - maybe limited Wednesday
- Jumps training - Available.
- Shot Put training available only on crushed lime sectors.
- Discus and Javelin - NO. 2 grass area with extreme caution
- Hammer - Recommended to use Sinclair Park Throws area

NOTE: No use of infield grass sections