

Sola Power Throwers Meet - 4/02/2023
inc. World Athletics Challenger Meet
Sola Power Throwing Academy
Results - Throws Session

Event 251 Men Shot Put 7.260kg Senior

Name	Age	Team	Finals
Finals			
1 Palmer, Nick	23	Hastings Ath	18.72m
X X 17.92m X X 18.72m			
2 Ngchok-Wulf, Liam	20	Papakura Athleti	16.99m
16.99m X X X X 16.49m			
3 Sulupo, Nathaniel	25	Samoa	15.06m
14.72m X 15.03m 14.36m 15.06m 14.95m			
4 Abbot, Max	20	Karori Athletics	13.84m
12.28m 13.43m 13.84m X 13.58m X			
5 Neighbours, Jared	23	Christchurch Old	12.45m
11.81m 12.24m 11.13m 11.92m 11.75m 12.45m			
6 Attwell, Max	27	Christchurch Old	11.93m
11.44m 11.78m 11.93m 11.65m X X			
7 Tomooka, Masaki	21	Canterbury	11.25m
10.42m 11.12m 10.73m 11.25m 10.94m X			

Event 252 Men Shot Put 6.000kg Under 20

Name	Age	Team	Finals
1 Hanning, Corran F12	19	Kiwi Athletic	13.31m
12.72m X 12.67m 13.31m X 12.74m			

Event 252A Men Shot Put PARA 6.000kg

Name	Age	Team	Finals
1 Hanning, Corran F12	19	Kiwi Athletic	13.31m 78.11%
12.72m X 12.67m 13.31m X 12.74m			

Event 252P Men Shot Put PARA 7.260kg

Name	Age	Team	Finals
1 Lewer, Jack F20	25	Palmerston Nth	12.03m 69.38%
11.63m 11.65m 11.84m 12.03m 11.74m 11.93m			
2 Taylor, Joshua F20	22	Athletics Wairarapa	8.34m 48.10%
8.34m 4.65m 5.48m 6.51m 6.05m 6.64m			

Event 253 Men Shot Put Masters 35-49

Name	Age	Team	Finals
1 Thomson, Richard	31	Mana	12.36m 5.000kg
12.36m X X X X			
2 Waldrom, Thomas	40	Lower Hutt	11.85m 7.260kg
10.60m 10.83m 11.85m 11.82m 11.41m 11.63m			

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Event 258 Men Shot Put 5.000kg Under 18

Name	Age	Team	Finals
1 Sola, Xavier	16	Titahi Bay	12.18m
		12.18m 11.59m 12.11m 11.47m 11.45m 11.99m	
2 Wharehinga-Sime, Nikora	17	Lower Hutt	11.80m
		11.28m X 10.75m 11.13m 11.68m 11.80m	
3 Tapuai, Lui To'omaga	16	Titahi Bay	10.81m
		10.22m 9.03m 10.81m X 9.18m 10.72m	

Event 261 Men Discus Throw 2.000kg Senior

Name	Age	Team	Finals
1 Zaia, Jade	24	Titahi Bay	48.54m
		45.18m 43.93m 48.54m 47.81m 47.66m 48.01m	
2 Sulupo, Nathaniel	25	Samoa	47.57m
		46.82m 46.74m X 46.81m 46.11m 47.57m	
3 Abbot, Max	20	Karori Athletics	45.92m
		X X X 42.93m 45.92m X	
4 Ngchok-Wulf, Liam	20	Papakura Athleti	44.92m
		40.32m X X X 44.92m X	
5 Neighbours, Jared	23	Christchurch Old	43.52m
		43.52m 43.15m X 43.48m 39.56m X	
6 Waldrom, Thomas	40	Lower Hutt	38.42m
		34.81m 38.42m 37.47m X X 37.56m	
7 Attwell, Max	27	Christchurch Old	36.82m
		33.65m 32.46m 36.82m 36.47m 34.85m 34.88m	
-- Tomooka, Masaki	21	Canterbury	FOUL
		X -	

Event 262P Men Discus Throw PARA 1.750kg

Name	Age	Team	Finals
1 Hanning, Corran F12	19	Kiwi Athletic	37.89m 72.16%
		X 35.49m X 37.89m 37.00m 36.28m	

Event 266 Boys Discus Throw 1.250kg Under 16

Name	Age	Team	Finals
1 Tiamalu, Nelsson	15	Titahi Bay	45.46m
		45.46m X 40.03m 42.66m 38.20m 38.62m	

Event 268 Men Discus Throw 1.500kg Under 18

Name	Age	Team	Finals
1 Tapuai, Lui To'omaga	16	Titahi Bay	40.11m
		X 29.15m 37.37m 29.91m 40.11m 39.25m	
2 Sola, Xavier	16	Titahi Bay	38.99m
		X X 36.10m 38.86m 36.82m 38.99m	
3 Wharehinga-Sime, Nikora	17	Lower Hutt	38.63m
		34.23m 34.66m 35.60m 38.63m X 35.57m	

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....Event 268 Men Discus Throw 1.500kg Under 18

4 Abbot, Heath 16 Karori Athletics 31.69m
 29.33m 30.73m X X 31.69m X

Event 271 Men Hammer Throw 7.260kg Senior

Name	Age	Team	Finals
1 Wells, Damian	20	North Canberra-G	54.16m
X 54.02m 51.98m 54.03m 54.16m X			
2 Jensen, Phil	56	Lower Hutt	50.88m
49.23m 49.67m 48.31m 47.94m 50.88m 49.62m			
3 Abbot, Max	20	Karori Athletics	48.76m
X 44.73m X 46.92m X 48.76m			
4 Sola, Kaleb	20	Lower Hutt	43.39m
41.76m 43.39m X X 42.48m X			
5 Waldrom, Thomas	40	Lower Hutt	38.16m
36.66m 38.16m X			

Event 272 Men Hammer Throw 6.000kg Under 20

Name	Age	Team	Finals
1 Thomson, Cole	18	Lower Hutt	39.83m
37.99m X 38.43m 38.47m 39.83m 36.32m			

Event 278 Men Hammer Throw 5.000kg Under 18

Name	Age	Team	Finals
1 Hewitt, Alexander	17	Mana	53.14m
52.05m X 53.14m X X 50.05m			
2 Abbot, Heath	16	Karori Athletics	52.73m
48.39m X 50.55m 52.54m 52.73m X			
3 Wharehinga-Sime, Nikora	17	Lower Hutt	46.03m
45.42m 46.03m X 43.45m X X			
4 Sola, Xavier	16	Titahi Bay	36.38m
X 36.38m X			

Event 281 Men Javelin Throw 800g Senior

Name	Age	Team	Finals
1 Sola, Kaleb	20	Lower Hutt	53.42m
51.25m 50.81m 52.09m 46.76m - 53.42m			
2 Neighbours, Jared	23	Christchurch Old	53.04m
49.36m 52.29m 51.03m - X 53.04m			
3 Lupena, Iona Junior	39	Pakuranga At	40.07m
39.70m 36.44m 36.68m 39.96m 40.07m X			

Event 282 Men Javelin Throw 800g Under 20

Name	Age	Team	Finals
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....Event 282 Men Javelin Throw 800g Under 20

1 Lyver, Angus	19 Palmerston Nth	56.39m
48.54m 50.26m 48.57m X 50.45m 56.39m		
2 Knapnan, Blaine	18 Mana	53.32m
38.48m 44.39m 45.85m 47.65m 49.55m 53.32m		

Event 450P Women Shot Put PARA 3.000kg Open

Name	Age Team	Finals
1 Adams, Lisa F37	33 Lake City Athlet	15.18m 97.94%
14.50m 14.70m 15.18m 14.99m X X		
2 Murphy, Sionann F37	18 North Harbour Bays	8.72m 56.26%
7.77m 7.44m 7.36m 8.50m 8.72m 8.35m		
3 Kirkwood, Milly F57	15 Inglewood Athlet	5.11m 45.26%
4.46m 4.68m 4.86m 4.58m 4.88m 5.11m		

Event 452 Women Shot Put 4.000kg Under 20

Name	Age Team	Finals
1 Rankin-Chitar, Natalia	19 Papatoetoe Athle	14.37m
14.37m 14.10m X X X 14.23m		

Event 456 Girls Shot Put 3.000kg Under 16

Name	Age Team	Finals
1 Hughes, Isla	15 Lower Hutt	8.51m
8.16m 8.51m 7.66m 8.28m 7.93m 8.22m		

Event 458 Women Shot Put 3.000kg Under 18

Name	Age Team	Finals
1 Sola, Mikayla	17 Lower Hutt	13.49m
11.61m 12.60m 12.78m 12.29m 12.50m 13.49m		
2 To'ia, Isabel	16 Upper Hutt Athletic	10.72m
9.82m 10.49m 10.08m 10.47m 9.55m 10.72m		
3 MacCallum, Isla	16 Riverton Athleti	10.12m
X 9.25m 10.12m X X X		

Event 460P Women Discus Throw PARA 1.000kg Open

Name	Age Team	Finals
1 Murphy, Sionann F37	18 North Harbour Bays	J22.58m 58.65%
21.28m 21.91m 22.58m 21.91m 22.04m 22.20m		
2 Kirkwood, Milly F57	15 Inglewood Athlet	J15.36m 42.95%
13.33m 12.70m 14.40m 14.87m 15.36m 14.41m		

Event 461 Women Discus Throw 1.000kg Senior

Name	Age Team	Finals
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....Event 461 Women Discus Throw 1.000kg Senior

1 Tafili, Iorana	22 Lower Hutt	33.01m
28.91m 32.53m 32.54m X 32.48m 33.01m		

Event 462 Women Discus Throw 1.000kg Under 20

Name	Age Team	Finals
1 Rankin-Chitar, Natalia	19 Papatoetoe Athle	49.73m
41.90m 46.31m 46.87m 49.73m 48.56m X		
2 Hewitt, Elizabeth	19 Mana	39.76m
X X 27.28m 39.76m		

Event 466 Girls Discus Throw 1.000kg Under 16

Name	Age Team	Finals
1 Sola, Faith	14 Titahi Bay	35.76m
35.76m X 30.81m 23.77m X 21.52m		
2 Hughes, Isla	15 Lower Hutt	24.53m
X 21.36m 22.20m 24.47m 24.53m 22.65m		

Event 468 Women Discus Throw 1.000kg Under 18

Name	Age Team	Finals
1 Ellison-Lupena, Ana	16 Titahi Bay	40.24m
X 40.24m X X 36.95m 17.66m		
2 Sola, Mikayla	17 Lower Hutt	36.53m
36.53m X 33.10m 36.53m 34.32m 18.51m		
3 To'ia, Isabel	16 Upper Hutt Athletic	33.16m
32.90m X 32.07m 32.05m 31.84m 33.16m		
4 Rutherford, Zoe	17 Napier Athletic	31.05m
X 31.05m 31.04m X X X		
5 MacCallum, Isla	16 Riverton Athleti	26.77m
X 26.77m X 24.01m X X		

Event 471 Women Hammer Throw 4.000kg Senior

Name	Age Team	Finals
1 Maples, Lexi	24 Canterbury	55.89m
55.89m 51.75m 52.92m 53.65m 54.43m 55.01m		
2 Shepherd-Oates, Dyani	23 Taieri	53.52m
53.52m X 53.04m X 53.48m X		
3 Ashley, Teagan	21 Taieri	45.41m
X X 45.41m X X X		
4 Tafili, Iorana	22 Lower Hutt	38.19m
38.19m X X 36.28m X 37.51m		

Event 472 Women Hammer Throw 4.000kg Under 20

Name	Age Team	Finals
1 Hewitt, Elizabeth	19 Mana	51.06m
47.74m 48.81m 48.53m 47.76m 50.43m 51.06m		

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....Event 472 Women Hammer Throw 4.000kg Under 20

2	Bartlett, Mia	18	Athletics Wairarapa	35.17m
	32.85m	X	32.77m	X
			35.17m	33.55m
3	Willman, Leala	18	Auckland City At	29.79m
	29.79m		28.64m	X
			24.45m	23.49m
				29.74m

Event 476 Girls Hammer Throw 3.000kg Under 16

Name	Age	Team	Finals
1 Carswell, Aurora	15	Athletics Wairarapa	33.40m
			33.40m
			X
			25.83m
			33.40m
			X
			31.00m

Event 478 Women Hammer Throw 3.000kg Under 18

Name	Age	Team	Finals
1 Sola, Mikayla	17	Lower Hutt	45.50m
			37.57m
			X
			45.50m
			44.67m
			41.53m
			41.75m
2 MacCallum, Isla	16	Riverton Athleti	36.24m
			29.03m
			29.92m
			29.43m
			30.85m
			33.58m
			36.24m
3 Ellison-Lupena, Ana	16	Titahi Bay	32.46m
			X
			32.46m
			X
			29.11m
			X
-- Rutherford, Zoe	17	Napier Athletic	FOUL
			X
			X
			X

Event 481 Women Javelin Throw 600g Senior

Name	Age	Team	Finals
1 Tafili, Iorana	22	Lower Hutt	24.71m
			23.97m
			X
			X
			X
			24.71m
			X

Event 482 Women Javelin Throw 600g Under 20

Name	Age	Team	Finals
1 Willman, Leala	18	Auckland City At	36.92m
			35.68m
			35.18m
			35.64m
			36.92m
			35.11m
			35.34m
2 Bartlett, Mia	18	Athletics Wairarapa	30.98m
			28.44m
			X
			X
			30.98m
			27.95m
			30.66m
3 Hewitt, Elizabeth	19	Mana	29.29m
			28.45m
			26.79m
			22.13m
			26.04m
			29.29m
			28.06m

Event 485 Women Javelin Throw 500g Masters 50-59

Name	Age	Team	Finals
1 Rawlins, Linda	52	Olympic	29.99m
			29.99m
			27.08m
			X
			23.45m
			-
			-
2 Bartlett, Theresa	54	Athletics Wairarapa	23.02m
			23.02m
			21.89m
			X
			21.77m
			X
			22.91m

3x500g, 3x600g