



Athletics New Zealand Road Race Championships
Sunday 10 September 2023
Massey University Campus, Palmerston North, Manawatū

Race Schedule

8.00 am	Senior Men & Women Race Walk	20.00 km
8.15 am	Men & Women Under 20 & Masters Men & Women 35+ Race Walk	10.00 km
8.45 am	Boys & Girls Under 16 & Women & Men Under 18 Race Walk	5.00 km
8.45 am	Boys & Girls Under 14 & Under 12 (Non- Championship) Race Walk	3.00 km
10.00 am	Boys & Girls Under 16 Run	4.00 km
10.25 am	Men Under 18 Run	6.00 km
10.55 am	Women Under 20 & Women Under 18 Run	5.00 km
11.20 am	Masters Women 35+ Run	5.00 km
11.55 am	Masters Men 35+ Run	10.00 km
12.50 pm	Men Under 20 Run	8.00 km
1.25 pm	Open Run (Non-Championship) Under 12 Boys & Girls & Under 10 Boys & Girls. Minimum age 7 years on day	2.00 km
1.25 pm	Open Run (Non-Championship)	4.00 km
1.50 pm	Senior Women Run	10.00 km
2.40 pm	Senior Men Run	10.00 km
3.20 pm	Boys & Girls Under 14 Run	3.00 km

*As at 3 July 2023