

# Colgate Games

## MEETING RULES

### GENERAL

Where not specifically set out in these rules, the Athletics New Zealand rules will apply.

Only Meeting Officials should be in the centre of the Arena.

Every effort will be made to ensure the programme runs to time and in the order laid down. However, the Organising Committee reserves the right to make any alterations it deems necessary.

The Competition Director also reserves the right to allow the programme to run up to 30 minutes early if the situation arises.

The Colgate Games are a participation event for young athletes. They are not considered a National Championship for children. Athletes who are not normally registered with a club within the respective island of the Games will be considered a visitor and will receive any awards in accordance with Rule 8.

### 1. COMPETITION NUMBERS

Each child will be given two competition numbers which are to be pinned to the front and back of their singlet for the duration of the Colgate Games. Failure to do so will mean an athlete may not be able to compete. Each athlete will have an identification label put onto their competition bib which will have the athlete's name, club, grade, and the events for which he or she has entered. Athletes are required to wear the bib, at all times during the Meeting, except when competing in High Jump where the back bib may be removed. Non-compliance with this rule may mean disqualification. Competition numbers will be available to the Team Managers in the Team Pack.

### 2. UNIFORMS

- All athletes must compete in club/team uniform including correct name if applicable.
- Any visible garment worn under the uniform must be black, white or the dominant colour of the uniform.
- Only visible writing allowable is manufacturer's branding.
- Franchise shorts are not permissible during competition e.g. NRL Shorts
- Where religious beliefs require an alternative uniform, this is to be allowed after consultation with the Competition Director prior to the commencement of the Games.
- Athletes competing in the walk events must ensure their knee is clearly visible. Below knee tights should not be worn for these events.

### 3. TEAM PACKS

Team Packs will be made up for Team Managers to collect after 1.00pm on the Thursday afternoon before the Games begin. They will include Relay Team Confirmation Sheets, Scratching Forms, Athletes' competition numbers, Team Manager information, discount vouchers and any products provided by sponsors.

### 4. ENTRIES

Entries to individual events for any athlete, cannot be changed from those in the Printed Programme, other than under the following circumstances:

- Corrections of any errors made by Athletics NZ
- Special circumstances brought to the notice of the Meeting Secretary, by an athletes' Club Team Manager only, and then agreed to, by the Competition Director and the Control Room Manager.

## 5. RIBBONS, MEDALS, AND PENNANTS

### a. Grade 7 to Grade 9 Inclusive Events: Allocation of Pennants and Ribbons

#### Divisions with Resident Island Club ONLY Athletes

The appropriate pennants are presented to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place getters in each Division. Light Blue Finalist Ribbons are presented to the remainder of athletes. All presented by the Officials at the Presentation Tent.

#### Divisions with MIXED Resident and Visitor Athletes

If a visitor places 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup>, the athlete is presented an appropriate Pennant. Notwithstanding that, 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Pennants are presented to the top 3 resident Athletes. Light Blue Finalist Ribbons are presented to the remainder of athletes. All presented by the officials at the Presentation Tent

### b. Grade 10 to 14 Inclusive All Track and Field events including 4x100m relay: Allocation of Medals, Ribbons Events with Resident Island Club ONLY Athletes

The appropriate Medals & Certificates are awarded to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place getters in each Final. Royal Blue "Finalist" Ribbons are awarded to the top 8 athletes/relay teams.

#### Events with MIXED Resident and Visitor Athletes

If an Overseas Athlete/Team places 1<sup>st</sup>, 2<sup>nd</sup> or 3<sup>rd</sup>, the athlete/team is awarded with the appropriate Medal(s) & Certificate(s). Notwithstanding this, 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Medals and Certificates are awarded to the top 3 New Zealand Athletes/Teams. Royal Blue "Finalist" Ribbons are awarded to the top 8 New Zealand Athletes/Teams – this may require awarding ribbons to the higher athletes/teams not qualifying for the final.

### c. Grade 10 to 14 Inclusive Medley Relays: Allocation of Medals, Ribbons

#### Events with Resident Island ONLY Teams

The appropriate Medals & Certificates are awarded to the top 3 Teams by Time from the timed final(s). Royal Blue "Finalist" Ribbons are awarded to the top 8 Teams by Time from the timed final(s).

#### Events with MIXED Resident and Visitor Teams

The appropriate Medals are awarded to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Teams by Time from the timed final(s). Royal Blue "Top 8" Ribbons are awarded to the top 8 Teams by Time from the timed final(s). Notwithstanding this, 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> Medals are awarded to the top 3 New Zealand Teams by Time from the timed final(s). Royal Blue "Finalist" Ribbons are awarded to the top 8 New Zealand teams by Time from the timed final(s).

### d. Method of Awarding of Ribbons

#### All Track Finals, except Medley Relays

Ribbons are given out by the Track Recorder when athletes hand in the lane or place disc at the completion of each final. Any extra ribbons for Resident Island Athletes, because of any visitors in the event, to be awarded via the Club Envelope system run from the TIC or other suitable Room (not the Presentation Tent).

#### Medley Relays and Field Events with more than one division.

Ribbons are awarded via the Club Envelope system run from the TIC or other room used.

#### Field Events with only one division.

Ribbons are given out by the Field Recorder at the conclusion of the event.

### e. Certificates

Certificates will be made available as an electronic document after the Games. Athletes who wish to obtain a certificate can do so by applying to [competitions@athletics.org.nz](mailto:competitions@athletics.org.nz) stating name, grade, details of event, and result. These will be return emailed. All requests must be made by 28<sup>th</sup> February, 2024.

### f. Presentation of Medals

Medals are presented by Invited Guests of Meeting Officials from a dais near the Presentation Tent. The request for the athletes to report to the Officials at the Presentation Tent by announcements from the PA system. It is usual to expect a delay of at least 30 minutes after the posting of the Official Result of an event.

**Please note:** The Medal Presentations for the Late Day 1 Events, Grade 12-14 Boys and Girls Hurdles and the Grade 12-14 Medley Relays will **NOT** be presented until after 12.00 noon on Day 2. Similarly, the

Medal Presentations for the Late Day 2 Events, will **NOT** be presented until after 12.00 noon on Day 3.

- (i) Para Athletes – Grades 7-9 inclusive. The awarding of Pennants and Ribbons will be set out in Clause 5 (a) above.
- (ii) Para Athletes – Grades 10-14 inclusive. The awarding of Medals and Ribbons will be set out in Clause 5 (b) above.

## 6. PROTESTS & APPEALS TO JURY

Problems and queries in the first instance, should be discussed by Team Managers with the appropriate Referee or the Competition Director. If the explanation given or action taken does not satisfy the Team Manager, then he or she may lodge a formal Appeal.

Appeals will only be accepted from Team Managers.

Appeals must be in writing, setting out the details and grounds for the appeal and must be accompanied by a **\$50 cash fee**. A written appeal must be conveyed to the TIC within 20 minutes of the official result being posted or announced. A standard appeal form will be available from the TIC.

## 7. SECURITY

Athletics NZ and the Local Organising Committee accepts no responsibility for loss or damage to any club or individual property.

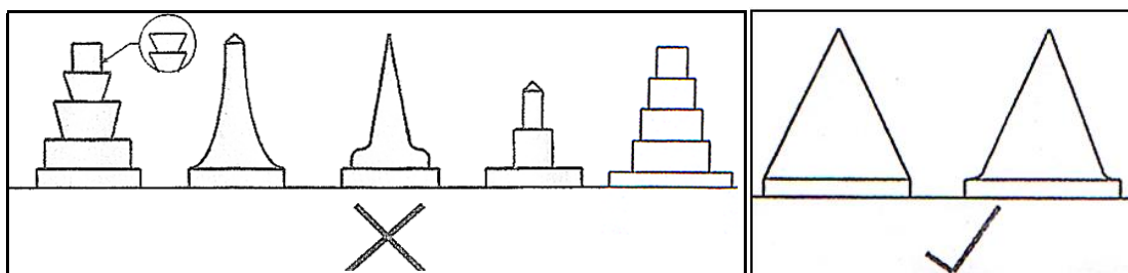
### TRACK

1. No food or drink is permitted inside the competition fence except for water.
2. All-weather surface.

Spiked shoes may only be worn during competition by athletes in Grades 10, 11, 12, 13 and 14.  
Spike length allowed: 6mm on Track, 6mm at Long Jump, 9mm at High Jump

#### Cone and Pyramid spikes only

Spiked shoes must be removed at the immediate completion of the athletes' event and before leaving the arena.



Blocks will be supplied. Athletes own blocks are not permitted.

No shoes capable of taking spikes can be worn by athletes in Grades 7, 8 and 9. This means track shoes capable of taking spikes with studs instead of spikes, cannot be worn. Track shoes with the spike sole plate replaced by a rubber sole or track shoes with moulded grips are permitted.

There are no banned shoe brands or models at the Colgate Games as it falls outside the parameter of World Athletics rules.

### 3. CALL TENT / ASSEMBLY AREA

Athletes must be at the Call Tent at the following times:

All track events	20 minutes before
Field events except High Jump	30 minutes before
High Jump only	40 minutes before.

Athletes must proceed through the call tent and are not permitted to go straight to an event unless instructed to do so by the Meeting Announcer.

Parents / caregivers are not permitted inside the call tent. Please ensure your athlete has everything necessary before sending them in. Spike shoes and uniform will be checked upon entry. Electronic devices are not permitted inside the call tent.

#### 4. HURDLES

Age Grade	Distance / Height	Flights	Run In	Spacing	Run Out
G12 Girls	80m / .686	8	12m	7.5m	15.5m
G13 Girls	80m / .686	8	12m	7.5m	15.5m
G14 Girls	80m / .762	8	12m	8m	12m
G12 Boys	80m / .762	8	12m	7.5m	15.5m
G13 Boys	80m / .762	8	12m	7.5m	15.5m
G14 Boys	100m / .838	10	13m	8.5m	10.5m

#### 5. METHOD OF FINDING FINALISTS (Grade 10-14 inclusive)

100m, 200m, 400m, 80m Hurdles, 100m Hurdles and 4 x 100m Relays will be determined by times. 800m will be determined by placing's and fastest losers in the qualifying heats. 1500m will be timed finals

##### 100m, 200m, 80m/100m Hurdles, 4 x 100m Relays

Up to 8 confirmed starters	Final
9 to 24 confirmed starters	Heats, Final
25 to 32 confirmed starters	Heats, 2 Semi-finals, Final
33 or more confirmed starters	Heats, 3 Semi-finals, Final

##### 400m

Up to 8 confirmed starters	Final
More than 8 confirmed starters (Fastest 8 to the Final)	Heats, Final

##### 800m

Up to 12 confirmed starters	Final
13 to 18 confirmed starters	Final using Split Start (This number maybe increased after consultation with Team Managers, Competition Director, Track Referee, to avoid running heats to eliminate a few athletes)
Over 18 confirmed starters	Heats and Final 2 Heats - First "4" in each Heat, plus the 4 fastest losers qualify for the final 3 Heats - First "2" in each Heat, plus the 6 fastest losers qualify for the final

##### 1500m

Up to 18 starters	Final. If more than 18 starters timed finals will be run.
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#### 6. NOTIFICATION OF QUALIFIERS AND RESERVES

Qualifiers for semi-finals and finals will be notified in the following way:

- Semi-final and final sheets will be posted on noticeboards/ website.
- Qualifiers' names may also be broadcast over the public address system prior to the call to go to the Track Marshals.
- Two reserve athletes shall be named and ranked for each semi-final and final. These reserves should report to the Track Marshals when the qualifiers are called.

In the event of a withdrawal or non-appearance of a semi-finalist or finalist, the Call Tent Referee shall place a reserve in rank order in the semi-final or the final and once placed that decision cannot be reversed.

## 7. LANE DRAWS

All lanes in heats, and finals when no preliminary races are necessary, shall be pre-drawn and printed in the programme. Lane draws for all semi-finals and finals will be drawn by ballot, posted on noticeboards and announced.

If there is an excessive number of withdrawals in any event, heats may be redrawn by the Call Tent Referee.

Athletes competing in laned events must remain in their lanes and return to the finish line at the completion of events until dismissed by the appropriate official.

## 8. QUALIFIERS FOR FURTHER ROUNDS

- (i) Any athlete having qualified for a semi-final or final who fails to compete in that semi-final or final becomes ineligible for further competition on that day. Likewise, any competitor starting in a semi-final or final and making no significant effort, could also face disqualification. These decisions will be the sole responsibility of the Track Referee.
- (ii) Progression of Visitors to Final of Track Events.
  - (a) Laned Events - A maximum of 3 visitor Athletes/Teams can proceed to the final of Laned Track Events.
  - (b) 800m / 1500m - A maximum of 4 visitor Athletes can proceed to a final and will be added to the 8 qualifying resident athletes.

## 9. STARTING PROCEDURE

All competitors in Grade 10 and above must use a crouch start for races from 100m to 400m inclusive. A competitor starting in spiked shoes must use starting blocks. All athletes in Grade 12 to 14 inclusive must use starting blocks. Standing starts will be used by athletes running 800m as the first leg in medley relays.

Athletes, after assuming a full and final set position, shall not commence their start until receiving the report from the gun. If, in the judgement of the Starters or Re-callers, an athlete does so any earlier, it shall be deemed a false start. Any athlete responsible for a false start shall be disqualified.

Any matters relating to the start will be at the absolute discretion of the Referee. It will be his or her responsibility to ensure all competitors receive a fair start.

An explanation of starting procedures will be printed in the programme.

## RELAYS

1. Athletes may be entered in only one relay of each type (4 x 100m and Medley). All athletes in a relay team must:

- (a) Be a member of the Club that enters the Team.
- (b) Wear that Club's uniform.
- (c) Grade 7, 8 & 9 athletes are NOT generally permitted to compete in Grade 10 and above 4 x 100m Relays and Medley Relays. However, at the discretion of the entries manager (prior to entries closing) and competition director (at the Games) one nine-year-old may be able to compete up one grade where if they did not a team would not be able to compete, except, under no circumstances will they run the 400 or 800 leg in the medley relay. Under no circumstances can they wear spikes or shoes capable of taking spikes.

## 2. 4 x 100m RELAYS

- (a) Team members' names must be entered onto the Relay Team Confirmation Sheets in running order by the Team Manager. These sheets are provided by the Meeting Secretary in the Team Pack. Please complete these correctly and hand in to the TIC by the specified times. Print clearly the information required and ensure the given (first) names, surnames and competition number of the athletes are provided and correct.
- (b) Relay teams may include athletes from a younger age grade except as restricted by Clause 1(c) above. Younger Grade athletes competing in Grade 12 or above 4 x 100m Relays, if running the first leg, must comply with the starting rules for those Grades.
- (c) All team members must be of the same gender except in Grades 7, 8 and 9 where clubs may enter composite teams of boys and girls. The following conditions apply:
  - (1) 1 boy, 3 girls – Girls Team
  - (2) 2 boys, 2 girls – Boys or Girls Team (Clubs choice, but may compete in only one event)
  - (3) 3 boys, 1 girl – Boys Team
- (d) For Grade 10, clubs may enter a composite team in Boys 10, only if there are insufficient numbers of one

gender.

- (e) Failure to compete with the named athletes in the running order given on the Relay Team Confirmation Sheet may lead to disqualification. Amendments to athletes' names and running order may be made at the TIC up to 1 hour before the race start time.
- (f) Teams entered in all 4 x 100m Relays will be listed in the programme. Once all the Team Confirmation Sheets are received by the TIC, the Competition Director will supervise heat draws. The draws will be posted as soon as possible after they have been completed.

### 3. MEDLEY RELAYS

- (a) Team members' names must be entered onto the Relay Team Confirmation Sheets by the Team Manager. These sheets are provided by the Meeting Secretary in the Team Pack. Please complete these correctly and hand in to the TIC by the specified times. Print clearly the information required and ensure the given (first) name, surname and competition number of the athletes are provided and correct.
- (b) Medley relays are open to Grades 10, 11, 12, 13 and 14.
- (c) Athletes from a younger grade may be used in a Medley Relay except as restricted by Clause 1 (c) above. Younger grade athletes competing in Grade 12 or above Medley Relays, if running the first leg, must comply with the starting rules for those Grades.
- (d) Teams must comprise two girls and three boys or vice versa, with at least one girl running the 400m leg or the 800m leg.
- (e) There is no stipulation as to the order in which a team runs their relay - each team must run the prescribed legs. eg; 2 x 100m, 1 x 200m, 1 x 400m, 1 x 800m
- (f) Failure to compete with the named athletes in the running order and leg order given on the Relay Team Confirmation Sheets may lead to disqualification. Amendments to athlete's names, running order and leg order may be made at the TIC up to 1 hour before the race start time.
- (g) Medley Relays will start from the 400m stagger marks and all teams break lanes at the completion of the second curve (where the athletes enter the home straight on the first lap - approximately 300m from the start). From this point, athletes are entitled to run in Lane 1, except when changing the baton.
- (h) Athletes changing the baton during the first 300m of the first lap shall be marshalled into the 4 x 100m Relay change zones. Changes made after the first 300m have been run, are made in Lane 2 using a 20m change zone marked by cones and tape (extended out to lanes 4-5) 10m either side of the scratch line. If there are simultaneous changes then Lanes 3, 4 & 5 are to be used.
- (j) Following the point where the athletes break from the lanes, subsequent team members at the change zones shall, under the direction of a designated Officials, place themselves in the order (inside to out) as respective team members leave the area of the previous change (i.e. 80m out). The waiting athletes shall maintain this order and shall not exchange positions at the beginning of the change zone.
- (k) At all change positions the athletes shall start from a stationary position within the zone and take possession of the baton within the zone. (Note both runners must be in the same lane). Once the baton is solely in the possession of the outgoing runner, they may cross back into Lane 1, without causing obstruction to any athlete running through the change.
- (l) All changes after the first 300m is run, athletes are to be fed from the outside of the track and athletes leaving the track must go via the outside, to ensure no athlete running through in Lane 1 is interfered with.
- (m) Teams entered in all Medley Relays will be listed in the programme. Once all the Medley Team Confirmation Sheets are received by the Meeting Secretary, the Competition Director will supervise heat draws. The Competition Director may double up Teams in lanes where the lead off athletes are running 800m. The draws will be posted as soon as possible after they have been completed.
- (n) There will be no finals for Medley Relays. 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places will be determined from the three fastest times in the heats.

### 4. WALKS

Grade 10 – 14 race walk is a competitive event using shorter distances. For Colgate Games the penalty zone will not be used. Disqualification of an athlete will be in accordance with rule TR54.7.1

An exhibition track walk is open to those who wish to experience racewalking in a non-competitive environment. It will be held on Saturday and will include a short coaching session. Athletes entered into the competitive walks on Friday and Sunday are not permitted to join in.

## FIELD

### 1. ORDER OF COMPETITION

Competitors will be balloted into an order of competition and this will be printed in the programme.

### 2. NUMBER OF ATTEMPTS

Three Throws, Puts and Jumps will apply to the Discus, Shot and Long Jump respectively and if valid, each must be measured.

Three attempts at each height will be allowed at the High Jump but three consecutive failures means elimination. The Referee has the right to determine the size of lifts depending on the numbers entered in the event and the weather conditions.

### 3. LONG JUMP

Metre boards will be used up to and including Grade 11. Grade 12, 13 and 14 will use the standard take off board. The standard take off board is 2m from the edge of the pit.

### 4. GRADES 7, 8, 9

All field events will be run in divisions of up to 8 with the first three place getters in each division being awarded similar pennants to the track events, and all other competitors receiving a ribbon. Pennants and ribbons will be presented immediately after the event.

### 5. HIGH JUMP STARTING HEIGHTS

Grade	Girls	Boys
10	1.05m	1.10m
11	1.10m	1.15m
12	1.15m	1.20m
13	1.20m	1.25m
14	1.25m	1.30m

### 6. DISCUS WEIGHTS

Grade	Girls	Boys
7, 8, 9	500gms	500gms
10, 11	750gms	750gms
12	750gms	1.000kg
13	1.000kg	1.000kg
14	1.000kg	1.250kg

### 7. SHOT WEIGHTS

Grade	Girls	Boys
7	1.000kg	1.000kg
8, 9	1.500kg	1.500kg
10	2.000kg	2.000kg
11	2.000kg	3.000kg
12	3.000kg	3.000kg
13	3.000kg	4.000kg
14	3.000kg	5.000kg

8. Only implements supplied by the Local Organising Committee will be allowed in the competition.