

Athletics New Zealand Para Athletics Qualification Standards
(Track 75% of WR, Jumps 60% of WR, Throws 50% of WR - 2019)

The Qualifying Standards are guidelines only and ANZ has the discretion to allow athletes to compete who may not have qualified

MEN

For 100m, 200m & 400m events electric times signified in brackets ()

Class	100m	200m	400m	800m	1500m	Shot Put	Discus	Javelin/Club	Long Jump	High Jump
T/F01	13.6 (13.84)	28.2 (28.44)	1:00.4 (1:00.54)	2:27.0	5:27.0	8.45 (7.26Kg)	29.00 (2Kg)	36.70 (800g)	4.75	1.25
T/F11	14.6 (14.84)	29.9 (30.14)	1:06.5 (1:06.64)	2:38.0	5:41.0	7.60 (7.26Kg)	23.04 (2Kg)	27.00 (800g)	4.00	0.95
T/F12	14.2 (14.44)	28.8 (29.04)	1:04.7 (1:04.94)	2:27.0	5:27.0	8.30 (7.26Kg)	26.20 (2Kg)	32.10 (800g)	4.45	1.20
T/F13	13.9 (14.14)	28.1 (28.34)	1:02.6 (1:02.74)	2:28.0	5:27.0	8.20 (7.26Kg)	26.80 (2Kg)	35.50 (800g)	4.60	1.20
T/F20			1:03.0 (1:03.14)	2:32.0	5:22.0	8.65 (7.26Kg)			4.58	
F31								15.35 (397g/club)		
T/F32	31.0 (31.24)	62.5 (62.74)				5.50 (2Kg)	9.20 (1Kg)	18.60 (397g/club)		
T/F33	21.9 (22.14)	38.7 (38.94)	1:17.3 (1:17.44)	2:31.0	6:14.0	6.15 (3Kg)	15.50 (1Kg)	13.40 (600g)		
T/F34	19.7 (19.94)	34.9 (35.14)	1:05.5 (1:05.64)	2:11.0	4:32.0	6.04 (4Kg)	21.60 (1Kg)	19.12 (600g)		
T/F35	16.3 (16.54)	33.0 (33.24)	1:15.5 (1:15.64)	3:20.0	7:07.0	8.18 (4Kg)	27.00 (1Kg)	28.00 (600g)	3.60	
T/F36	15.8 (16.04)	32.1 (32.34)	1:11.1 (1:11.24)	2:43.0	6:30.0	7.65 (4Kg)	21.45 (1Kg)	21.90 (600g)	3.56	
T/F37	15.2 (15.34)	30.2 (30.44)	1:07.4 (1:07.44)	2:36.0	5:43.0	8.75 (5Kg)	29.80 (1Kg)	28.90 (600g)	4.06	
T/F38	14.3 (14.54)	29.1 (29.34)	1:05.8 (1:05.94)	2:37.0	5:40.0	7.95 (5Kg)	26.40 (1.5Kg)	26.45 (800g)	4.28	
T/F40						5.44 (4Kg)	12.99 (1Kg)	19.45 (600g)		
T/F41						7.02 (4Kg)	22.10 (1Kg)	21.80 (600g)		
T/F42	16.0 (16.24)	30.7 (30.94)	1:06.6 (1:06.74)			8.75 (6Kg)	27.00 (1.5Kg)	29.85 (800g)	4.06	1.15
T/F43	14.1 (14.34)	27.6 (27.84)	1:00.6 (1:00.74)	2:50.0		9.50 (6Kg)	31.50 (1.5Kg)	28.80 (800g)	4.75	
T/F44	14.1 (14.34)	28.4 (28.64)	1:06.3 (1:06.44)	2:43.0	6:31.0	9.15 (6Kg)	32.00 (1.5Kg)	30.00 (800g)	5.04	1.30
T/F45	14.6 (14.84)	29.3 (29.54)	1:05.7 (1:05.84)	2:30.0	5:29.0	5.45 (6Kg)	13.40 (1.5Kg)	13.90 (800g)	4.55	1.20
T/F46	14.0 (14.24)	28.2 (28.44)	1:03.6 (1:03.74)	2:29.0	5:24.0	7.95 (6Kg)	26.30 (1.5Kg)	31.90 (800g)	4.55	1.20
T47	14.0 (14.24)	28.2 (28.44)	1:03.6 (1:03.74)	2:29.0	5:24.0				4.55	1.20
T/F51	27.3 (27.54)	48.9 (49.14)	1:42.9 (1:43.04)	3:22.0	7:00.0		11.60 (1kg)	16.45 (397g/club)		
T/F52	21.9 (22.14)	40.1 (40.34)	1:13.5 (1:13.64)	2:29.0	4:53.0	5.87 (2Kg)	11.90 (1Kg)	15.10 (600g)		
T/F53	18.8 (19.04)	33.4 (33.64)	1:03.2 (1:03.34)	2:03.0	4:06.0	4.42 (3Kg)	13.30 (1Kg)	12.10 (600g)		
T/F54	18.2 (18.44)	32.3 (32.54)	0:58.0 (0:58.14)	2:00.0	4:06.0	5.70 (4Kg)	16.80 (1Kg)	14.90 (600g)		
F55						6.20 (4Kg)	19.92 (1Kg)	17.60 (600g)		
F56						6.75 (4Kg)	22.70 (1Kg)	21.35 (600g)		
F57						7.45 (4Kg)	24.00 (1Kg)	24.30 (600g)		
T/F61	16.0 (16.24)	30.7 (30.94)	1:06.6 (1:06.74)			8.75 (6Kg)	27.00 (1.5Kg)	29.85 (800g)	4.06	
T/F62	14.1 (14.34)	27.6 (27.84)	1:00.6 (1:00.74)			9.50 (6Kg)	31.50 (1.5Kg)	28.80 (800g)	4.75	
T/F63	16.0 (16.24)	30.7 (30.94)	1:06.6 (1:06.74)			8.75 (6Kg)	27.00 (1.5Kg)	29.85 (800g)	4.06	1.15
T/F64	14.3 (14.56)	28.1 (28.36)	1:06.2 (1:06.34)	2:44.0	6:31.0	9.19 (6Kg)	32.00 (1.5Kg)	29.90 (800g)	5.09	1.30

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WOMEN

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Class	100m	200m	400m	800m	1500m	Shot Put	Discus	Javelin/Club	Long Jump	High Jump
T/F01	15.6 (15.84)	32.7 (32.94)	1:14.0 (1:14.14)	2:50.0	5:54.0	7.65 (4Kg)	29.40 (1Kg)	24.65 (600g)	3.70	1.05
T/F11	15.9 (16.14)	32.6 (32.84)	1:14.0 (1:14.14)	3:04.0	6:12.0	8.65 (4Kg)	20.20 (1Kg)	19.30 (600g)	3.28	0.85
T/F12	15.2 (15.44)	30.8 (31.04)	1:10.0 (1:10.14)	2:47.0	5:46.0	7.50 (4Kg)	23.70 (1Kg)	22.45 (600g)	3.95	0.90
T/F13	15.7 (15.94)	32.4 (32.64)	1:13.0 (1:13.14)	2:45.0	5:28.0	6.50 (4Kg)	22.30 (1Kg)	22.25 (600g)	3.50	1.05
T/F20			1:14.6 (1:14.84)	2:51.0	5:52.0	7.00 (4Kg)			3.68	
T/F31								5.60 (397g/club)		
T/F32	50.3 (50.54)	1:15.0 (1:15.24)				3.52 (2Kg)	6.95 (1Kg)	13.45 (397g/club)		
T/F33	26.6 (26.84)	46.8 (47.04)	1:34.0 (1:34.21)	3:11.0	6:35.0	3.75 (3Kg)	8.70 (1Kg)	8.10 (600g)		
T/F34	22.4 (22.64)	40.7 (40.94)	1:17.0 (1:17.14)	2:34.0	5:07.0	4.35 (3Kg)	10.50 (1Kg)	11.10 (600g)		
T/F35	17.9 (18.14)	37.7 (37.94)	1:40.0 (1:40.14)	4:18.0	8:36.0	6.95 (3Kg)	15.95 (1Kg)	14.20 (600g)	1.60	
T/F36	18.2 (18.44)	38.2 (38.44)	1:30.0 (1:30.14)	4:08.0	8:36.0	5.75 (3Kg)	14.00 (1Kg)	14.75 (600g)	2.47	
T/F37	17.6 (17.84)	36.3 (36.54)	1:20.0 (1:20.14)	3:36.0	7:34.0	6.95 (3Kg)	18.80 (1Kg)	18.90 (600g)	3.08	
T/F38	16.6 (16.84)	34.6 (34.84)	1:21.0 (1:21.14)	3:28.0	7:19.0	6.25 (3Kg)	16.45 (1Kg)	16.40 (600g)	3.28	
T/F40						4.25 (3Kg)	11.65 (750g)	11.10 (400g)		
T/F41						5.20 (3Kg)	16.65 (750g)	14.35 (400g)		
T/F42	19.5 (19.74)	42.4 (42.64)	1:59.0 (1:59.14)			5.00 (4Kg)	16.60 (1Kg)	15.75 (600g)	2.96	0.85
T/F43	17.1 (17.34)	34.2 (34.44)	1:22.0 (1:22.14)	3:32.0		4.85 (4Kg)	16.10 (1Kg)	13.95 (600g)	3.25	
T/F44	17.2 (17.44)	35.4 (35.64)	1:20.0 (1:20.14)	3:10.0	6:39.0	6.55 (4Kg)	22.25 (1Kg)	20.20 (600g)	3.50	0.90
T/F45	18.7 (18.94)	35.1 (35.34)	1:32.2 (1:32.34)	2:57.0	6:27.0	5.05 (4Kg)	10.05 (1Kg)	5.20 (600g)	3.50	1.00
T/F46	16.0 (16.24)	32.6 (32.84)	1:15.0 (1:15.14)	2:57.0	6:27.0	6.20 (4Kg)	21.05 (1Kg)	21.50 (600g)	3.60	1.00
T47	16.0 (16.24)	32.6 (32.84)	1:15.0 (1:15.14)	2:57.0	6:27.0				3.60	1.00
T/F51	33.0 (33.24)	58.9 (59.14)	2:24.0 (2:24.14)	4:21.0	8:34.0		6.60 (1kg)	12.15 (397g/club)		
T/F52	24.9 (25.14)	44.3 (44.54)	1:27.0 (1:27.14)	2:50.0	5:53.0	3.05 (4Kg)	7.60 (1Kg)	6.70 (600g)		
T/F53	21.6 (21.84)	38.2 (38.44)	1:11.0 (1:11.14)	2:21.0	4:18.0	2.90 (4Kg)	7.45 (1Kg)	5.90 (600g)		
T/F54	20.5 (20.74)	36.7 (36.94)	1:10.0 (1:10.14)	2:17.0	4:18.0	3.95 (4Kg)	9.95 (1Kg)	10.10 (600g)		
F55						4.50 (4Kg)	13.90 (1Kg)	13.50 (600g)		
F56						4.96 (4Kg)	13.10 (1Kg)	12.00 (600g)		
F57						5.58 (4Kg)	17.30 (1Kg)	13.00 (600g)		
T/F61	19.5 (19.74)	42.4 (42.64)	1:59.0 (1:59.14)			5.00 (4Kg)	16.60 (1Kg)	15.75 (600g)	2.96	
T/F62	17.1 (17.34)	34.2 (34.44)	1:22.0 (1:22.14)			4.85 (4Kg)	16.10 (1Kg)	13.95 (600g)	3.25	
T/F63	19.5 (19.74)	42.3 (42.54)	1:52.2 (1:52.34)			5.00 (4Kg)	16.60 (1Kg)	15.75 (600g)	2.96	0.85
T/F64	17.1 (17.34)	35.6 (35.84)	1:19.0 (1:19.14)	3:10.0	6:38.0	6.55 (4Kg)	22.25 (1Kg)	20.20 (600g)	3.60	0.90