

New Zealand Combined Events Championship

17 - 18 February 2024 - draft 01

Caledonian Track - Dunedin

TECHNICAL REGULATIONS

TEAM MANAGERS AND ATHLETES ARE TO READ THE FOLLOWING CAREFULLY

1. RULES of COMPETITION

The 2024 New Zealand Combined Events Championships will be conducted using the current World Athletics (WA) and New Zealand Supplementary rules.

For hurdle events, rule TR 22.6 will be observed

Competition shoes to comply with World Athletics Rules located under "Technical Information" > "Athletic Shoes"

2. COVID-19

We would like to remind everyone that we still have Covid in the community.

If you have Covid symptoms, please make sure you test yourself and if the test is positive, please refrain from getting in contact with fellow athletes, coaches, officials and supporters.

3. SAFETY

In the interest of Safety to athletes, officials, coaches, volunteers and spectators the following should always be adhered to:

- Spikes are only to be worn on the Field of Play (FOP) or in relevant warm up areas.
- Athletes are not to cross the infield of the FOP
- Warm-ups must be done in the designated warm up area
- Warm-ups must be supervised by a coach
- Warm-ups in the FOP must be supervised by Officials and not commenced until instructed.
- No glass is permitted within the FOP
- Athletes must take care crossing the track and adhere to directions from Officials

4. UNIFORMS

- Athletes selected to represent their Centre must wear their correct Centre uniform
- Athletes competing as individuals must wear their approved Club uniform

5. COMPETITION BIBS

- Athlete bibs will be provided to Athletes, available from the TIC located in the grandstand lower Control Room
- Athletes will be provided with two bibs which must be worn on their front and back, except Jumps events which only need to wear one bib

- Athlete bibs need to be firmly attached with four pins.
- The entire bib and sponsorship information must be able to be seen.
- No part of the bib can be folded under the uniform.
- Athletes tampering with competition bib may be liable for disqualification.
- Any athlete who loses their number should go to TIC to obtain a replacement bib.

6. PERSONAL IMPLEMENTS

- Athletes who wish to use their own throwing implements during the Championships MUST lodge them the night prior to competition, at the Technical room which is located at the rear of the grandstand
- Personal Implements will be kept until after the event they have been submitted for and then at the conclusion of their event can be collected from the Technical Room.
- Athletes can only hand in a maximum of two implements per event in which they are competing.

7. SCRATCHINGS

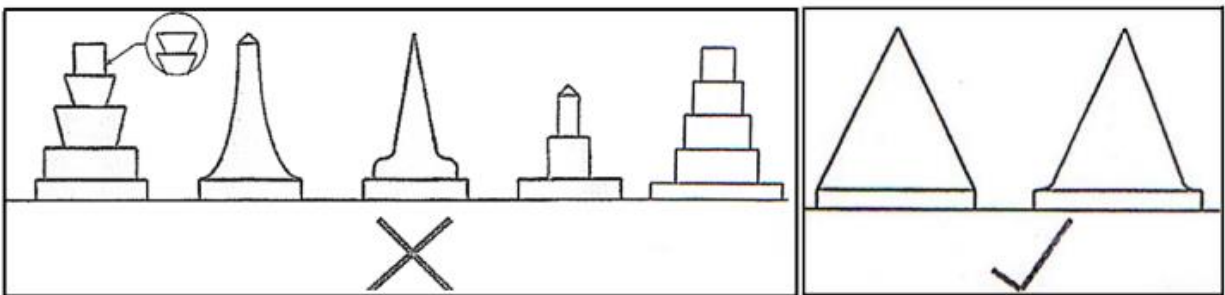
Scratchings shall be handed in at TIC, located in the grandstand lower Control Room. If the scratch happens during competition, it must be communicated to the respective Combined Events Referee.

8. WARM UP

- Warm-ups are not permitted in the FOP other than those immediately prior to the event commencing and under supervision of Officials.
- Warm-up's outside the FOP are to be carried out in the designated area(s), to be advised when bibs are collected
- No trainings sessions can be held within the FOP during competition times.
- Throws warm-ups must be carried out at the appropriate throwing circle under supervision of a spotter.
- NO overhead backward warm up throws are allowed inside the FOP.
- Hurdles will be provided in the back straight prior to the commencement of the event

9. SPIKES

Spikes shall be a maximum of 6mm for all events except for High Jump and Javelins which may be a maximum of 9mm



10. FOOD & DRINK

Food and coloured liquids are not permitted in the FOP.

11. STARTING BLOCKS

- Only starting blocks provided by the Organising Committee shall be used - private starting blocks will not be permitted.

12. PROTESTS AND APPEALS

- Athletes must first Protest orally to the Referee concerned either immediately or within 30 minutes of the Official Result being posted
- If the Referee can't be located then Teams must go and fill out a verbal protest form at TIC.
- If an Appeal to the Jury is to be lodged this must be done in writing on the appropriate form provided at TIC, and lodged with NZD \$100