

# 2024 Sir Graeme Douglas International

## Presented by Harcourts Cooper & Co

Sunday 10th March 2024

Douglas Track & Field, The Trusts Stadium, Waitakere, Auckland

## ATHLETE INFORMATION

We look forward to welcoming you to New Zealand's premier athletics competition.

The Sir Graeme Douglas International is a World Athletics Continental Tour Bronze level meet (Category C).

The competition will be conducted in accordance with the rules/regulations of World Athletics.

### Team Hotel

[Lincoln Green](#) 159 Lincoln Road, Henderson, West Auckland

+64 9 838 7006

[reception@lincolngreen.co.nz](mailto:reception@lincolngreen.co.nz)

### Competition Pack Collection

Saturday 9th: Lincoln Green Hotel help desk (by Reception) 1pm - 8pm

Sunday 10th: Prior to 12.00pm at Lincoln Green Hotel help desk (by Reception). From 12.00pm at Douglas Track and Field in the Call Room (refer Map below).

### Stadium Entry

Athletes will be able to enter the stadium by the main entry or down the external concrete stairs by the Trusts Arena end of the complex. There is no entry charge for athletes.

### Uniform and Competition Bibs

Athletes may wear competition uniform of their choice, provided it complies with the World Athletics advertising regulations.

Athletes will be allocated two competition bibs which must be worn on the front and back of the uniform during competition, with exception of the Jumps events where only one bib (front or back) is required.

### Spikes

The venue ruling for the Douglas Track is a maximum spike length of 7mm for all track events and 9mm for all field events. Only conical & pyramid (Christmas tree) allowed.

### Implement Check

Athletes who wish to use their own throwing implements during the event MUST lodge them with

the Technical Manager at the Technical/Equipment Room, no later than **2.00pm on competition day** for checking and impounding. The Technical Room is located in the gear shed at track level, next to the Shot Put sector.

The implements will be impounded until after the event or events for which they are submitted, at which time athletes may collect them from the Technical Room. Please note, personal implements will be placed into the 'pool' of competition equipment and may be used by any athlete.

### **Athlete Check-in and Call Room**

Check-in and competition pack pick up on the day will take place in the call room **from 12.00pm Sunday 10th.**

All athletes are required to report to the Call Room prior to their event by the final call time. Failure to do so will make the athlete liable for disqualification.

Only athletes are allowed into the Call Room.

Officials will check all athletes in accordance with the WA & WPA rules:

- Correct uniform is worn
- Competition Numbers are worn
- Checking of competition shoes including spikes
- Check of competition race chairs and throwing frames for WPA athletes
- Check of bags that are being taken into competition area.
- Personal material (athletes are not allowed to have glass bottles or containers, video recorders, radios or similar devices into the Field of Play (FOP)
- ONLY water allowed onto the FOP

Call Room officials will retain any personal material that contravenes the rules.

### **Call Room Reporting Times**

Athletes must report at the following times preceding the advertised start time or their event:

- Track Events - **20 minutes** (Hurdles 40 minutes to allow warm up on track)
- Field Events - **45 minutes**
- Pole Vault - **75 minutes**

### **Warming-up**

The two designated warm-up areas available are the top field (Field 2 on the Map) and indoors which is accessible through the back of the main building behind the gym. Final warm-ups are permitted on the back straight, mindful of any events being conducted.

Field events will be given a minimum of 30 minutes access to the competition area prior to competition.

Throws warm-up is only in the competition area under the supervision of the event officials.

### **Pole Vault**

Starting heights and progressions:

*Men's*

4.42, 4.62, 4.77, 4.92, 5.07, 5.22, 5.32, 5.42, 5.52, 5.60, +5cm

### *Women's*

3.40, 3.60, 3.80, 4.00, 4.15, 4.25, 4.35, 4.45, 4.55, 4.65, 4.73, + 5cm

### **Presentation Ceremonies**

For all events, presentation ceremonies will take place immediately after the event.

Athletes placing in the first three will be directed to the presentation area in readiness for the ceremony. Please DO NOT go and warm down or you risk missing your presentation ceremony.

Athletes must wear their correct competition uniform singlet (tracksuit pants may be worn).

As part of the presentation, athletes will be presented with a form to complete and return in order to collect their prize money.

### **Prize Money**

Athletics NZ can confirm the following prize money allocation for the World Athletics Continental Bronze level meet to be staged at the Trusts Arena, Waitakere, Auckland on Sunday 10 March 2024.

Prize money awarded is in local currency (NZ dollars) and is subject to 20% withholding tax for New Zealand and international athletes receiving prize money over \$500.00 (note: first \$500 is tax free).

All prize money will be transferred by bank transfer with prize money letters given to all recipients during award ceremonies at the meet with details on receiving the prize money.

Athletics NZ also reserves the right to amend prize money allocated to all events if the depth/number of competitors in an event is such that prize money needs to be amended or in the case of an event being removed then prize money for that event will be reallocated to the merit awards.

### Prize Money Allocation

Each event (excl. relays)

1st \$600, 2nd, \$300, 3rd \$100.

### Merit Bonus Pool

The top 3 scoring performances by athletes on World Athletics Results Scores for the meet will be awarded the following merit awards:

1st \$2,500 2nd \$1,500 & 3rd \$500.

### Para

\$1,000 split amongst athletes who break a World Para Record; PLUS \$800; \$600; \$400, \$200 for the top four scoring performances by athletes (irrespective of gender) based on % of World Record **for Paralympic Events only.**

Note: If no world records are broken then \$1200, \$800, \$600, \$400 will be awarded.

### **Doping Control**

Athletes are reminded that they may be required to undertake doping control at the conclusion of their event.

Athletes may elect to have a representative/support person present.

If you have further events or duties (such as presentation ceremony or interviews) please advise the doping control chaperone when you are first approached.

### **First Aid**

Emergency Medical Technicians (EMT) will be present at the event and will be identifiable in their uniforms.

Otherwise, Accident and Emergency 24/7: White Cross, 131 Lincoln Road (1km from track).

Phone number: +64 9 836 3336

### **Safety**

In the interests of safety to athletes, coaches, officials, volunteers, and spectators the following should be adhered to at all times:

- Spikes are only to be worn on the FOP or in relevant warm-up areas.
- Entry to the FOP by athletes will be under the control of officials.
- Athletes are not to cross the infield of the FOP.
- No glass is permitted within the FOP.
- Throwing implements should only be picked up when directed by officials.
- Athletes should take care crossing the track at all times and adhere to directions from officials regarding the crossing of the track.
- In the event of an earthquake or fire in the grandstand the assembly point shall be the infield unless directed otherwise by PA system

### **Post Event Function**

The Post Event Function for competing athletes will be held at the The Goodhome Grill (next to Quality Inn Hotel Lincoln Green, 159 Lincoln Road, Henderson, West Auckland – 500m from the Stadium), Sunday 10th from 8.30pm.

### **Photography & Videography**

Accredited media personnel will be capturing the highlights and action across the meet to share with the media, on social media, online and in marketing materials, including to promote the meet with sponsors so you may be photographed or filmed, including by aerial drones, while in the arena.

By attending this meet, you consent to being photographed or filmed in this way.

Athletes who do not wish their image to be used on social media or in print publications, please email [competitions@athletics.org.nz](mailto:competitions@athletics.org.nz) stating your name and the events you are competing in.

The use of photographic or filming equipment by non-accredited personnel is not permitted except to capture images for personal use only. Anyone found to be in breach of this will be asked to leave the facility.

Athletics NZ respects your privacy and uses and handles your personal information in accordance with its Privacy Policy, a copy of which can be found at <https://athletics.org.nz/privacy-policy/>

### **Friends & Family**

Tickets for the meet can be purchased from [here](#).

Live Results and Live Stream

Athletics Live ([Live Track & Field Results](#) | [AthleticLIVE](#))

## 2024 Sir Graeme Douglas International – Athlete Specific Venue Map



Key	Area
1	Athlete Entry
2	Main Entry
3	Accessible Parking (will require parking pass so get in touch if needed)
4	Implement Check
5	Athlete Check In
6	Athlete Call Room
7	Warm Up Areas (indoor and outdoor)