

# Access to Competition Arena at Newtown Stadium

Access to the main arena

Monday 11<sup>th</sup>, Tuesday 12<sup>th</sup>, Wednesday 13<sup>th</sup> March

• 4.00pm to 7.00pm for training ONLY.

Thursday 14<sup>th</sup> , or Friday 15<sup>th</sup> March

• No Training in Competition arena.

Saturday 16<sup>th</sup> and Sunday 17<sup>th</sup> March

- At the conclusion of last event of meeting each day.
- > Please accommodate any Event set-up. **AT ALL TIMES.**

#### Main Gate Open Times for Athletes, Managers & the Public on Competition Days

Thursday – 9.00am Friday – 8.00am Saturday – 7.30am Sunday – 7.30am

#### **Event Warm Up Venues**

Newtown Stadium # 2 [Top field] and Sinclair Park (Javelin & hammer ONLY) – see venue maps .

#### Training

- Times on pre-event days as above for warm areas.
- Running warm ups on eastern side of Newtown Stadium #2 [Call room side] on top field as marked.
- Hurdles on west side parallel to track.
- Shot & Discus as marked on West side from circles.
- Javelin and Hammer can only be used at Sinclair Park venue, and you MUST have a COACH supporting you at ALL TIMES.



## Change Rooms including toilets and showers available.

- a) Under grandstand as designated including Para athletes.
- b) Warm up area changing rooms Men & Women.
- c) Portaloos adjacent to Call room.

### Venue Maps (Note: will be in official programme)







