



MISSION  
SINCE 1851

# 2024 MISSION ESTATE NZ CROSS COUNTRY CHAMPIONSHIPS

3-4 August 2024  
Poraiti, Napier





## Friday 2 August 2024

---

2.00pm Course open for inspection  
Registration open at Mission Estate

5.30pm Friday registration closes

## Saturday 3 August 2024 - Individual & Team Titles

---

7.30am Course open for inspection  
Registration re-open at Mission Estate

Time	Age Grade	Distance
9.00am	U14 Girls	3km (1 x 1km lap followed by 1 x 2km lap)
9.15am	U14 Boys	3km (1 x 1km lap followed by 1 x 2km lap)
9.30am	U16 Girls	4km (2 x 2km laps)
9.50am	U16 Boys	4km (2 x 2km laps)
10.10am	Masters Men 65+	6km (3 x 2km laps)
10.40am	Masters Women 35+	6km (3 x 2km laps)
11.10am	Masters Men 35-64	8km (4 x 2km laps)
12.00pm	Kids Dash (U14) Non Championship	2km (1 x 2km lap)



## Saturday 3 August 2024 - Individual & Team Titles

Time	Age Grade	Distance
12.05pm	XC Run Non Championship	4km (2x 2km laps)
12.30pm	U18 Women	5km (1 x 1km lap followed by 2 x 2km laps)
12.55pm	U18 Men	6km (3 x 2km laps)
1.20pm	U20 Women	6km (3 x 2km laps)
1.50pm	U20 Men	8km (4 x 2km laps)
2.20pm	Senior Men	10km (5 x 2km laps)
3.00pm	Senior Women	10km (5 x 2km laps)

## Sunday 4 August 2024 - Club & Community Mixed Relay

7.30am Registration open at Mission Estate

Time	Age Grade
9.00am	U16, Masters 35-49, 50-64, 65+ Social Relay
10.00am	U18, U20, Senior
11.00am	The Equalizer XC, A Race for the Ages
11.30am	Relay awards commence