

FRIDAY 17 JANUARY 2025**Session: 1 Day 1 Morning**

Time	Event No.		Round
9:25 AM	#101	Girls 400 Meter Sprint Grade 12	Prelims
9:25 AM	#102	Boys Shot Put Circle A Grade 14	Finals
9:25 AM	#103	Boys Shot Put Circle B Grade 9	Finals
9:25 AM	#104	Boys Long Jump Pit B Grade 8	Finals
9:25 AM	#105	Girls High Jump Grade 10	Finals
9:40 AM	#106	Boys 400 Meter Sprint Grade 12	Prelims
9:45 AM	#107	Girls Long Jump Pit A Grade 12	Finals
9:50 AM	#108	Girls 400 Meter Sprint Grade 13	Prelims
10:00 AM	#109	Boys Discus Throw Circle A Grade 7	Finals
10:05 AM	#110	Boys 400 Meter Sprint Grade 13	Prelims
10:15 AM	#111	Girls 400 Meter Sprint Grade 14	Prelims
10:25 AM	#170	Girls 400 Meter Sprint Para	Finals
10:30 AM	#112	Boys 400 Meter Sprint Grade 14	Prelims
10:35 AM	#113	Girls Shot Put Circle A Grade 14	Finals
10:35 AM	#182	Girls Shot Put Circle A Para	Finals
10:35 AM	#114	Girls Discus Throw Circle B Grade 13	Finals
10:40 AM	#115	Girls 800 Meter Run Grade 10	Prelims
10:50 AM	#116	Girls 800 Meter Run Grade 11	Prelims
10:55 AM	#117	Boys High Jump Grade 12	Finals
11:00 AM	#118	Boys 800 Meter Run Grade 11	Prelims
11:15 AM	#119	Girls 200 Meter Sprint Grade 10	Prelims
11:25 AM	#120	Girls Shot Put Circle B Grade 9	Finals
11:30 AM	#121	Girls Long Jump Pit B Grade 8	Finals
11:30 AM	#122	Girls 200 Meter Sprint Grade 11	Prelims
11:55 AM	#123	Girls Long Jump Pit A Grade 14	Finals
11:45 AM	#124	Boys 100 Meter Sprint Grade 10	Prelims
12:00 PM	#125	Boys 100 Meter Sprint Grade 11	Prelims
12:10 PM	#126	Boys Discus Throw Circle A Grade 10	Finals
12:15 PM	#127	Boys 60 Meter Sprint Grade 7	Finals
12:25 PM	#128	Boys 60 Meter Sprint Grade 8	Finals
12:30 PM	#129	Boys Discus Throw Circle B Grade 11	Finals
12:30 PM	#130	Girls High Jump Grade 11	Finals

EVENT PROGRAMME

12:35 PM	#131	Boys 60 Meter Sprint Grade 9	Finals
12:45 PM	#132	Girls 1200 Meter Race Walk Grade 12	Finals
12:45 PM	#133	Boys 1200 Meter Race Walk Grade 12	Finals
1:00 PM	#134	Girls 1600 Meter Race Walk Grade 13	Finals
1:00 PM	#135	Boys 1600 Meter Race Walk Grade 13	Finals
1:15 PM	#136	Girls 2000 Meter Race Walk Grade 14	Finals
1:15 PM	#137	Boys 2000 Meter Race Walk Grade 14	Finals

FRIDAY 17 JANUARY 2025

Session: 2 Day 1 Afternoon

Time	Event No.		Round
1:40 PM	#145	Boys 100 Meter Hurdles Grade 14	Prelims
1:45 PM	#146	Girls 80 Meter Hurdles Grade 12	Prelims
1:50 PM	#147	Boys 80 Meter Hurdles Grade 12	Prelims
1:55 PM	#148	Girls 80 Meter Hurdles Grade 13	Prelims
2:00 PM	#149	Boys 80 Meter Hurdles Grade 13	Prelims
2:00 PM	#178	Girls Long Jump Pit A Para	Finals
2:05 PM	#150	Girls 80 Meter Hurdles Grade 14	Prelims
2:10 PM	#151	Girls 200 Meter Sprint Grade 7	Finals
2:15 PM	#152	Girls Shot Put Circle A Grade 12	Finals
2:15 PM	#153	Girls Long Jump Pit B Grade 13	Finals
2:20 PM	#154	Boys Discus Throw Circle B Grade 12	Finals
2:20 PM	#155	Girls 200 Meter Sprint Grade 8	Finals
2:30 PM	#156	Girls 200 Meter Sprint Grade 9	Finals
2:30 PM	#157	Boys Long Jump Pit A Grade 14	Finals
2:30 PM	#158	Boys High Jump Grade 13	Finals
2:45 PM	#159	Girls 200 Meter Sprint Grade 10	Semis
2:45 PM	#160	Girls Discus Throw Circle A Grade 7	Finals
2:55 PM	#161	Girls 200 Meter Sprint Grade 11	Semis
3:05 PM	#162	Boys 100 Meter Sprint Grade 10	Semis
3:10 PM	#163	Girls Shot Put Circle B Grade 11	Finals
3:15 PM	#164	Boys 100 Meter Sprint Grade 11	Semis
3:25 PM	#165	Boys 4x100 Meter Relay Grade 7	Finals
3:35 PM	#166	Boys 4x100 Meter Relay Grade 8	Finals
3:45 PM	#167	Boys 4x100 Meter Relay Grade 9	Finals

3:55 PM	#168	Boys 400 Meter Sprint Grade 12	Finals
4:00 PM	#169	Girls 400 Meter Sprint Grade 13	Finals
4:05 PM	#170	Boys 400 Meter Sprint Grade 13	Finals
4:10 PM	#171	Girls 400 Meter Sprint Grade 14	Finals
4:15 PM	#172	Boys 400 Meter Sprint Grade 14	Finals
4:20 PM	#173	Girls 400 Meter Sprint Grade 12	Finals
4:25 PM	#174	Girls 800 Meter Run Grade 10	Finals
4:30 PM	#175	Boys 800 Meter Run Grade 10	Finals
4:35 PM	#176	Girls 800 Meter Run Grade 11	Finals
4:40 PM	#177	Boys 800 Meter Run Grade 11	Finals
4:45 PM	#178	Girls 200 Meter Sprint Grade 10	Finals
4:50 PM	#179	Girls 200 Meter Sprint Grade 11	Finals
4:55 PM	#180	Boys 100 Meter Sprint Grade 10	Finals
5:00 PM	#181	Boys 100 Meter Sprint Grade 11	Finals
5:05 PM	#182	Girls 80 Meter Hurdles Grade 12	Finals
5:10 PM	#183	Boys 80 Meter Hurdles Grade 12	Finals
5:15 PM	#184	Girls 80 Meter Hurdles Grade 13	Finals
5:20 PM	#185	Boys 80 Meter Hurdles Grade 13	Finals
5:25 PM	#186	Girls 80 Meter Hurdles Grade 14	Finals
5:30 PM	#187	Boys 100 Meter Hurdles Grade 14	Finals
5:35 PM	#188	Girls 4x100 Meter Relay Grade 10	Prelims
5:55 PM	#190	Girls 4x100 Meter Relay Grade 11	Prelims
6:15 PM	#105	Mixed Distance Medley Grade 12	Finals
6:30 PM	#106	Mixed Distance Medley Grade 13	Finals
6:45 PM	#107	Mixed Distance Medley Grade 14	Finals
6:15 PM	#192	Mixed Distance Medley Grade 12	Finals
6:30 PM	#193	Mixed Distance Medley Grade 13	Finals
6:45 PM	#194	Mixed Distance Medley Grade 14	Finals

SATURDAY 18 JANUARY 2025			
Session: 3 Day 2 Morning			
Time	Event No.		Round
9:00 AM	#201	Girls 1500 Meter Run Grade 10	Finals
9:00 AM	#202	Boys Shot Put Circle A Grade 13	Finals
9:10 AM	#203	Boys 1500 Meter Run Grade 11	Finals
9:15 AM	#204	Girls Long Jump Pit A Grade 10	Finals
9:20 AM	#205	Girls 1500 Meter Run Grade 11	Finals

9:25 AM	#206	Boys High Jump Grade 11	Finals
9:30 AM	#207	Boys 1500 Meter Run Grade 10	Finals
9:40 AM	#208	Girls 1500 Meter Run Grade 12	Finals
9:40 AM	#209	Girls Discus Throw Circle B Grade 11	Finals
9:50 AM	#210	Boys 1500 Meter Run Grade 12	Finals
10:00 AM	#211	Girls 1500 Meter Run Grade 13	Finals
10:00 AM	#212	Girls Discus Throw Circle A Grade 12	Finals
10:00 AM	#213	Boys Long Jump Pit B Grade 9	Finals
10:10 AM	#214	Boys 1500 Meter Run Grade 13	Finals
10:20 AM	#215	Girls 1500 Meter Run Grade 14	Finals
10:30 AM	#216	Boys 1500 Meter Run Grade 14	Finals
10:30 AM	#217	Girls Discus Throw Circle A Grade 8	Finals
10:35 AM	#169	Boys 200 Meter Sprint Para	Finals
10:40 AM	#218	Boys 200 Meter Sprint Grade 10	Prelims
10:55 AM	#219	Boys 200 Meter Sprint Grade 11	Prelims
11:10 AM	#220	Boys 200 Meter Sprint Grade 12	Prelims
11:15 AM	#221	Girls High Jump Grade 13	Finals
11:25 AM	#222	Boys 200 Meter Sprint Grade 13	Prelims
11:35 AM	#223	Boys 200 Meter Sprint Grade 14	Prelims
11:40 AM	#224	Boys Long Jump Pit B Grade 10	Finals
11:50 AM	#225	Girls 100 Meter Sprint Grade 10	Prelims
11:55 AM	#226	Boys Long Jump Pit A Grade 13	Finals
12:00 AM	#227	Boys Shot Put Circle B Grade 7	Finals
12:05 PM	#228	Girls 100 Meter Sprint Grade 11	Prelims
12:20 PM	#229	Girls 100 Meter Sprint Grade 12	Prelims
12:35 PM	#230	Girls 100 Meter Sprint Grade 14	Prelims
12:50 PM	#231	Girls 100 Meter Sprint Grade 13	Prelims

SATURDAY 18 JANUARY 2025			
Session: 4 Day 2 Afternoon			
Time	Event No.		Round
12:45 PM	#240	Girls Discus Throw Circle B Grade 10	Finals
1:00 PM	#241	Girls High Jump Grade 14	Finals
1:00 PM	#242	Boys Shot Put Circle A Grade 12	Finals
1:05 PM	#9	Girls 100 Meter Sprint Para	Finals
1:15 PM	#243	Girls 100 Meter Sprint Grade 7	Finals
1:30 PM	#244	Girls 100 Meter Sprint Grade 8	Finals

1:45 PM	#245	Girls 100 Meter Sprint Grade 9	Finals
1:45 PM	#246	Boys Discus Throw Circle A Grade 8	Finals
2:00 PM	#247	Boys 200 Meter Sprint Grade 10	Semis
2:00 PM	#248	Girls Shot Put Circle B Grade 7	Finals
2:05 PM	#249	Boys 200 Meter Sprint Grade 11	Semis
2:10 PM	#250	Boys 200 Meter Sprint Grade 12	Semis
2:10 PM	#251	Girls Long Jump Pit B Grade 9	Finals
2:15 PM	#252	Boys 200 Meter Sprint Grade 13	Semis
2:15 PM	#180	Girls Discus Throw Para	Finals
2:20 PM	#253	Boys 200 Meter Sprint Grade 14	Semis
2:25 PM	#254	Girls 100 Meter Sprint Grade 10	Semis
2:30 PM	#255	Boys Discus Throw Circle B Grade 14	Finals
2:30 PM	#181	Boys Discus Throw Circle B Para	Finals
2:35 PM	#256	Girls 100 Meter Sprint Grade 11	Semis
2:40 PM	#257	Girls 100 Meter Sprint Grade 12	Semis
2:45 PM	#258	Girls 100 Meter Sprint Grade 13	Semis
2:50 PM	#259	Girls 100 Meter Sprint Grade 14	Semis
2:55 PM	#260	Boys 200 Meter Sprint Grade 7	Finals
3:05 PM	#261	Boys 200 Meter Sprint Grade 8	Finals
3:20 PM	#262	Boys 200 Meter Sprint Grade 9	Finals
3:30 PM	#263	Boys 200 Meter Sprint Grade 10	Finals
3:33 PM	#264	Boys 200 Meter Sprint Grade 12	Finals
3:36 PM	#265	Boys 200 Meter Sprint Grade 13	Finals
3:39 PM	#266	Boys 200 Meter Sprint Grade 14	Finals
3:42 PM	#267	Boys 200 Meter Sprint Grade 11	Finals
3:50 PM	#268	Girls 100 Meter Sprint Grade 10	Finals
3:52 PM	#269	Girls 100 Meter Sprint Grade 11	Finals
3:54 PM	#270	Girls 100 Meter Sprint Grade 12	Finals
3:56 PM	#271	Girls 100 Meter Sprint Grade 13	Finals
3:58 PM	#272	Girls 100 Meter Sprint Grade 14	Finals
4:05 PM	#273	Girls 4x100 Meter Relay Grade 7	Finals
4:15 PM	#274	Girls 4x100 Meter Relay Grade 8	Finals
4:25 PM	#275	Girls 4x100 Meter Relay Grade 9	Finals
4:35 PM	#276	Girls 4x100 Meter Relay Grade 10	Finals
4:45 PM	#277	Boys 4x100 Meter Relay Grade 10	Finals

4:55 PM	#278	Girls 4x100 Meter Relay Grade 11	Finals
5:05 PM	#279	Boys 4x100 Meter Relay Grade 11	Finals
5:15 PM	#280	Girls 4x100 Meter Relay Grade 12	Prelims
5:25 PM	#281	Boys 4x100 Meter Relay Grade 12	Prelims
5:35 PM	#282	Girls 4x100 Meter Relay Grade 13	Prelims
5:55 PM	#93	Girls 4x100 Meter Relay Grade 14	Prelims
6:05 PM	#102	Boys 4x100 Meter Relay Grade 14	Prelims
5:55 PM	#284	Girls 4x100 Meter Relay Grade 14	Prelims
6:05 PM	#285	Boys 4x100 Meter Relay Grade 14	Prelims

SUNDAY 19 JANUARY 2025			
Session: 5 Day 3 Morning			
Time	Event No.		Round
9:00 AM	#301	Girls 400 Meter Sprint Grade 10	Prelims
9:00 AM	#302	Girls Shot Put Circle A Grade 13	Finals
9:00 AM	#303	Boys Discus Throw Circle B Grade 13	Finals
9:00 AM	#304	Boys High Jump Grade 14	Finals
9:15 AM	#305	Boys 400 Meter Sprint Grade 10	Prelims
9:25 AM	#306	Girls 400 Meter Sprint Grade 11	Prelims
9:30 AM	#307	Boys Shot Put Circle B Grade 8	Finals
9:30 AM	#308	Girls Long Jump Pit B Grade 7	Finals
9:40 AM	#309	Boys 400 Meter Sprint Grade 11	Prelims
9:40 AM	#310	Girls Long Jump Pit A Grade 11	Finals
9:55 AM	#311	Girls 800 Meter Run Grade 12	Prelims
10:00 AM	#312	Girls Discus Throw Circle A Grade 9	Finals
10:05 AM	#313	Boys 800 Meter Run Grade 12	Prelims
10:15 AM	#314	Girls 800 Meter Run Grade 13	Prelims
10:25 AM	#315	Boys 800 Meter Run Grade 13	Prelims
10:30 AM	#183	Boys Shot Put Para	Finals
10:35 AM	#316	Girls 800 Meter Run Grade 14	Prelims
10:40 AM	#317	Boys Shot Put Circle A Grade 11	Finals
10:45 AM	#168	Girls 200 Meter Sprint Para	Finals
10:50 AM	#318	Girls 200 Meter Sprint Grade 12	Prelims
11:00 AM	#319	Girls High Jump Grade 12	Finals
11:00 AM	#320	Boys Shot Put Circle B Grade 10	Finals
11:05 AM	#321	Girls 200 Meter Sprint Grade 13	Prelims
11:20 AM	#322	Girls 200 Meter Sprint Grade 14	Prelims

11:35 AM	#323	Boys 100 Meter Sprint Grade 12	Prelims
11:50 AM	#324	Boys 100 Meter Sprint Grade 13	Prelims
11:50 AM	#325	Boys Long Jump Pit A Grade 12	Finals
12:00 PM	#326	Girls Discus Throw Circle B Grade 14	Finals
12:05 PM	#327	Boys 100 Meter Sprint Grade 14	Prelims
12:15 PM	#328	Boys 100 Meter Sprint Grade 7	Finals
12:15 AM	#167	Boys 100 Meter Sprint Para	Finals
12:25 PM	#329	Boys 100 Meter Sprint Grade 8	Finals
12:35 PM	#330	Boys 100 Meter Sprint Grade 9	Finals
12:45 PM	#331	Girls 1200 Meter Race Walk Grade 10	Finals
12:30 PM	#333	Boys Long Jump Pit B Grade 7	Finals
1:00 PM	#334	Girls 1200 Meter Race Walk Grade 11	Finals
1:00 PM	#335	Boys 1200 Meter Race Walk Grade 11	Finals

SUNDAY 19 JANUARY 2025

Session: 6 Day 3 Afternoon

Time	Event No.		Round
1:00 PM	#340	Boys High Jump Grade 10	Finals
1:00 PM	#341	Girls Shot Put Circle A Grade 10	Finals
1:25 PM	#342	Boys Long Jump Pit A Grade 11	Finals
1:25 PM	#179	Boys Long Jump Pit A Para	Finals
1:30 PM	#343	Girls 60 Meter Sprint Grade 7	Finals
1:40 PM	#344	Girls 60 Meter Sprint Grade 8	Finals
1:55 PM	#345	Girls 60 Meter Sprint Grade 9	Finals
2:00 PM	#346	Boys Discus Throw Circle A Grade 9	Finals
2:00 PM	#347	Girls Shot Put Circle B Grade 8	Finals
2:10 PM	#348	Girls 200 Meter Sprint Grade 12	Semis
2:15 PM	#349	Girls 200 Meter Sprint Grade 13	Semis
2:20 PM	#350	Girls 200 Meter Sprint Grade 14	Semis
2:25 PM	#351	Boys 100 Meter Sprint Grade 12	Semis
2:30 PM	#352	Boys 100 Meter Sprint Grade 13	Semis
2:35 PM	#353	Boys 100 Meter Sprint Grade 14	Semis
2:40 PM	#354	Girls 400 Meter Sprint Grade 10	Finals
2:43 PM	#355	Boys 400 Meter Sprint Grade 10	Finals
2:46 PM	#356	Girls 400 Meter Sprint Grade 11	Finals
2:49 PM	#357	Boys 400 Meter Sprint Grade 11	Finals
2:55 PM	#358	Girls 800 Meter Run Grade 12	Finals

3:00 PM	#359	Boys 800 Meter Run Grade 12	Finals
3:05 PM	#360	Girls 800 Meter Run Grade 13	Finals
3:10 PM	#361	Boys 800 Meter Run Grade 13	Finals
3:15 PM	#362	Girls 800 Meter Run Grade 14	Finals
3:20 PM	#363	Boys 800 Meter Run Grade 14	Finals
3:25 PM	#364	Girls 200 Meter Sprint Grade 12	Finals
3:30 PM	#365	Girls 200 Meter Sprint Grade 13	Finals
3:35 PM	#366	Girls 200 Meter Sprint Grade 14	Finals
3:40 PM	#367	Boys 100 Meter Sprint Grade 12	Finals
3:43 PM	#368	Boys 100 Meter Sprint Grade 13	Finals
3:46 PM	#369	Boys 100 Meter Sprint Grade 14	Finals
3:55 PM	#370	Mixed Distance Medley Grade 10	Finals
4:15 PM	#371	Mixed Distance Medley Grade 11	Finals
4:25 PM	#372	Girls 4x100 Meter Relay Grade 12	Finals
4:40 PM	#373	Boys 4x100 Meter Relay Grade 12	Finals
4:45 PM	#374	Girls 4x100 Meter Relay Grade 13	Finals
4:50 PM	#375	Boys 4x100 Meter Relay Grade 13	Finals
4:55 PM	#376	Girls 4x100 Meter Relay Grade 14	Finals
5:00 PM	#377	Boys 4x100 Meter Relay Grade 14	Finals

*Roles and positions at time of publishing the event programme and may be subject to change.